



News Notes

#1091 A weekly bulletin for residents of Auroville 7 August 2025



Photo by Katiya

When one has learned to silence the mind at will and to concentrate it in receptive silence, then there will be no problem that cannot be solved, no mental difficulty whose solution cannot be found. When it is agitated, thought becomes confused and impotent; in an attentive tranquillity, the light can manifest itself and open up new horizons to man's capacity.

Mother, Bulletin, November 1951

Pondering



The stillness of the mind means, first, the falling to rest of the habitual thought movements, thought formations, thought currents which agitate this mind-substance. That repose, vacancy of movement, is for many a sufficient mental silence. But, even in this repose of all thought movements and all movements of feeling, one sees, when one looks more closely at it, that the mind-substance is still in a constant state of very subtle formless but potentially formative vibration—not at first easily observable, but afterwards quite evident—and that state of constant vibration may be as harmful to the exact reflection or reception of the descending Truth as any formed thought movement or emotional movement.

Sri Aurobindo, Letters on Yoga 1

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House of Mother's Agenda

But Savitri answered to the radiant God:
 "In vain thou temptst with solitary bliss
 Two spirits saved out of a suffering world;
 My soul and his indissolubly linked
 In the one task for which our lives were born,
 To raise the world to God in deathless Light,
 To bring God down to the world on earth we came,
 To change the earthly life to life divine.
 I keep my will to save the world and man;
 Even the charm of thy alluring voice,
 O blissful Godhead, cannot seize and snare.
 I sacrifice not earth to happier worlds.
 Because there dwelt the Eternal's vast Idea
 And his dynamic will in men and things,
 So only could the enormous scene begin.
 Whence came this profitless wilderness of stars,
 This mighty barren wheeling of the suns?
 Who made the soul of futile life in Time,
 Planted a purpose and a hope in the heart,
 Set Nature to a huge and meaningless task
 Or planned her million-aeon effort's waste?
 What force condemned to birth and death and tears
 These conscious creatures crawling on the globe?
 If earth can look up to the light of heaven
 And hear an answer to her lonely cry,
 Not vain their meeting, nor heaven's touch a snare.
 If thou and I are true, the world is true;
 Although thou hide thyself behind thy works,
 To be is not a senseless paradox;
 Since God has made earth, earth must make in her God;
 What hides within her breast she must reveal.
 I claim thee for the world that thou hast made.
 If man lives bound by his humanity,
 If he is tied for ever to his pain,
 Let a greater being then arise from man,
 The superhuman with the Eternal mate
 And the Immortal shine through earthly forms.
 Else were creation vain and this great world
 A nothing that in Time's moments seems to be.
 But I have seen through the insentient mask;
 I have felt a secret spirit stir in things
 Carrying the body of the growing God:
 It looks through veiling forms at veilless truth;
 It pushes back the curtain of the gods;
 It climbs towards its own eternity."
 But the god answered to the woman's heart:
 "O living power of the incarnate Word,
 All that the Spirit has dreamed thou canst create:
 Thou art the force by which I made the worlds,
 Thou art my vision and my will and voice.
 But knowledge too is thine, the world-plan thou knowest
 And the tardy process of the pace of Time.
 In the impetuous drive of thy heart of flame,
 In thy passion to deliver man and earth,
 Indignant at the impediments of Time

And the slow evolution's sluggish steps,
 Lead not the spirit in an ignorant world
 To dare too soon the adventure of the Light,
 Pushing the bound and slumbering god in man
 Awakened mid the ineffable silences
 Into endless vistas of the unknown and unseen,
 Across the last confines of the limiting Mind
 And the Superconscient's perilous border line
 Into the danger of the Infinite.
 But if thou wilt not wait for Time and God,
 Do then thy work and force thy will on Fate.
 As I have taken from thee my load of night
 And taken from thee my twilight's doubts and dreams,
 So now I take my light of utter Day.
 These are my symbol kingdoms but not here
 Can the great choice be made that fixes fate
 Or uttered the sanction of the Voice supreme.
 Arise upon a ladder of greater worlds
 To the infinity where no world can be.
 But not in the wide air where a greater Life
 Uplifts its mystery and its miracle,
 And not on the luminous peaks of summit Mind,
 Or in the hold where subtle Matter's spirit
 Hides in its light of shimmering secrecies,
 Can there be heard the Eternal's firm command
 That joins the head of destiny to its base.
 These only are the mediating links;
 Not theirs is the originating sight
 Nor the fulfilling act or last support
 That bears perpetually the cosmic pile.
 Two are the Powers that hold the ends of Time;
 Spirit foresees, Matter unfolds its thought,
 The dumb executor of God's decrees,
 Omitting no iota and no dot,
 Agent unquestioning, inconscient, stark,
 Evolving inevitably a charged content,
 Intention of his force in Time and Space,
 In animate beings and inanimate things;
 Immutably it fulfils its ordered task,
 It cancels not a tittle of things done;
 Unswerving from the oracular command
 It alters not the steps of the Unseen.
 If thou must indeed deliver man and earth
 On the spiritual heights look down on life,
 Discover the truth of God and man and world;
 Then do thy task knowing and seeing all.
 Ascend, O soul, into thy timeless self;
 Choose destiny's curve and stamp thy will on Time."

(to be continued next week)

Sri Aurobindo, *Savitri—II, Part Three*
Book Eleven: The Book of Everlasting Day
Canto I: The Eternal Day: The Soul's Choice and the Supreme Consummation
<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>
 Gangalakshmi (HOMA)

Townhall Speaks

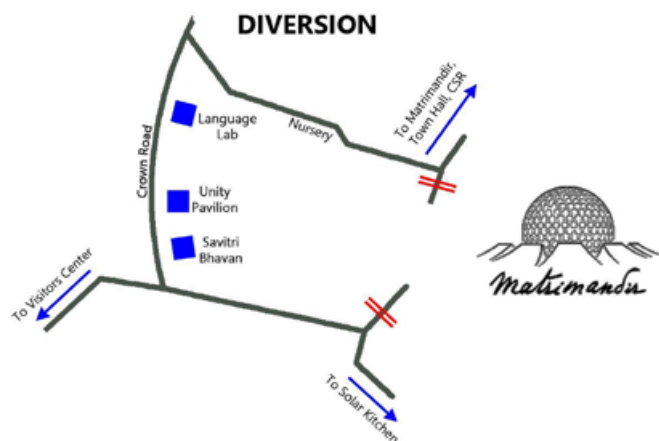
NOTICE OF ROAD DIVERSION

To enable the development of the Western portion of the Matrimandir Lake, the road in front of Matrimandir, stretching between Matrimandir Viewing Point Entrance and Town Hall, will be closed from Monday, the 4th of August 2025.

Instead the traffic will be diverted as follows:

- When coming from Bharat Nivas, traffic for the Matrimandir office gate, Town Hall complex, Auroville Foundation, Auromode and CSR will be **diverted** via the Crown in front of Savitri Bhavan, Unity Pavilion, Language Lab, and then via the new road (to the right if Darkali is straight ahead of you) next to the the Matrimandir Nursery.
- When coming from CSR, Town Hall complex, and Matrimandir, traffic for Bharat Nivas area, Visitors Center and the International Zone will be **diverted** via the new road next to the Matrimandir Nursery, turning left at the Crown in front of the Language Lab, Unity Pavilion and Savitri Bhavan.
- All those wanting to go to the Solar Kitchen area from the Town Hall complex will, for the moment, use the Residential Zone route, taking the Crown in front of Surrender, Humanscapes and Kalpana.
- Once the Darkali bridge work is complete the Crown will connect all the areas, and the new road next to the Matrimandir Nursery will be closed.

Please refer to the map below:



The newly prepared road next to the Matrimandir Nursery as a diversion, between the Language Lab and the old Town Hall road in front of the Matrimandir, has been illuminated with street lights.

L'avenir d'Auroville team
Joel, resource person

ZOHO QUERY RESOLUTION SESSIONS

7 & 8 August @ SAIER Conference Hall.

As part of the ongoing Zoho implementation process, we have scheduled Zoho Query Resolution Sessions on 7 and 8 August at the SAIER Conference Hall.

These sessions are intended for users who have specific queries and require individual support.

- Each session is 20 minutes long
- Slots are available across both days
- Booking link: [Click here to book your session](#)

We encourage all Zoho users to make use of this opportunity to ensure a smooth and efficient transition.

FAMC Finance,
from Massbulletin

REMINDER:

Exclusive Session on Bharat Connect Feature

8 August, 11am—12pm

We had earlier shared details about Bharat Connect, a powerful Zoho Books feature that allows seamless transaction sharing between two Auroville Zoho organisations.

- **Watch the video:** [Bharat Connect Overview](#)
- **Booking Link:** [Register here](#)
- **Important:** Please ensure your B2B ID is created before attending the session.

For assistance, contact:

- Sindhuja, 90424 62080
- Sowmiya, 82207 06079

We encourage all Zoho users to take advantage of these sessions to ensure a smooth and effective transition.

FAMC Finance,
from mass bulletin

HUNDIS

Please be informed that "Hundis" (donation boxes) should **not be kept** anywhere in Auroville, **except at Matrimandir** and within its campus.

If anyone currently has one, please remove it at the earliest.

William, FAMC Admin

Community News

Obituary

RICARDO:

**the apostle of peace and justice,
pure psychic being**

Unassuming, generous, just, gentleness itself, Ricardo radiated all the qualities of a mature psychic being. His simple, steadfast presence healed.

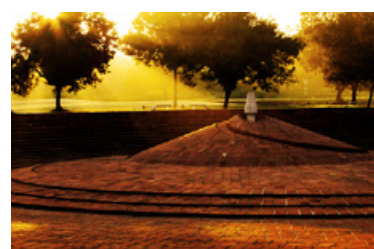
When he was my neighbour in Vikas he got severely sick with Covid Delta; three of us followed (one died, I too nearly died). Is this how the assault to his health commenced? Covid keeps working underground.

I met Ricardo with Caroline for the last time two months ago. He was surprisingly thin but I joked; I was petrified, when he told me he was terminal. Serene, detached, as talking of someone else, the wise-man was unassumingly taking leave. We too have our great souls.

Last week, transfixed by photographs of infants dying in Gaza because even the formulas are withheld, suddenly I felt his presence, peremptorily, for three days. Psychic being: the one, only answer to the apocalyptic narrative the world's news report day in and day out. On the verge of death, still Ricardo succored: me.

With his partner Caroline, Ricardo attended the peace marches till the end, when hardly no one else was left. I will always remember him as the apostle of peace and justice, pure psychic being. What we desperately need, in Auroville and the world at large.

Paulette



RICARDO MARTINEZ

This is to inform the community that our dear friend Ricardo Martinez Delgado (New Creation) peacefully left his body in the early hours of Saturday 26 July in Paris. He was 71. Many will remember him as a fine healer in kinesiology joyfully serving the Spirit of Auroville.

Ricardo came to Auroville for the first time in 1984 and wanted to settle here, but life had other plans and he could only come here for good in 2019. Some of his long-time friends were Gilles and Gérard from the Svedam community.

He had been trying all he could to cure the cancer for 9 months, supported and accompanied by his partner Caroline and attempted several alternative treatments, the latest one recently in Spain, his native country.

When he came back to Paris at the end of June before returning to Auroville, his state had not improved enough to travel right away, but he was still very determined to heal and serve Auroville. The deterioration of his physical condition was surprisingly accompanied by a progress in the contact with his inner being; it was uplifting to meet him and feel this immobile Presence.

He was not one to complain, but, as when helping other Aurovilians in his sessions of kinesiology, one could feel the generous stream of light and faithful encouragement flowing onto oneself.

He passed away surrounded by the loving care of his dear partner Caroline.

He expressed his gratitude to all who supported him throughout his trying journey: his son Emmanuel who took care of him in Spain and in France, Véronique Jobard who went to Spain to take over when Emmanuel had to leave, and many other friends who showed their care and love in Auroville and in Paris. He also wanted to thank Olivier, an oncologist from Avignon who accepted to help him remotely without knowing him.

Caroline also is very grateful to all who helped her go through this challenging time, in particular her son Noé and Marie from Revelation who showered her with love in the last moments.

His body was cremated on 6 August in Paris at the Père Lachaise cemetery. You can connect to the ceremony around 8pm IST. *Sending him Light and love on his last Journey to the Mother's bosom.*

Annemarie

IN LOVING MEMORY OF LAKSHMI EGANAYAGI

Meditation session under the Banyan Tree

Saturday, 9 August, 5—6pm

It is with deep sorrow that we share the passing of our beloved family member, Lakshmi Eganayagi (wife of Ulganathan), who dedicated over 25 years of service to Pour Tous in Aspiration. She left us on 9 July, 2025.

In honour of her life and contributions, we are organizing a meditation session under the Banyan Tree at the Matrimandir on Saturday, 9 August 2025, from 5 to 6pm. We invite the Auroville community to join us in this moment of reflection and remembrance.

With gratitude and love, Ulganathan, Daughters: Priyadharisini, Preethika

Brother and Sister: Ramakrishnan, Harikrishnan, Rathinam, Arumugam, and Usha
Pour Tous Team, Aspiration. Submitted by Sathish



Matrimandir News & Schedules



This is he that expresses the powers of the gods, the untameable who speeds on its way this our sacrifice, this is the seer who comes with the wine of sweetness in his hands.

Translation by Sri Aurobindo, Hymn to Agni

COLLECTIVE MEDITATION

for Sri Aurobindo's Birthday with Dawn-fire

Friday, 15 August 2025, 4:45—6am

@ Matrimandir Amphitheatre

Entrance from the **Second Banyan Gate** (Viewing Point Gate) **only**, Parking as per instruction below

- **Open from 4am**
- All are requested to be seated by 4:45am
- **The gate will remain closed from 5 to 6am**

Important Information

The Dawn-fire meditation at the Amphitheatre of the Matrimandir is an opportunity for individuals to experience inner silence in a unique collective setting. To maintain the special atmosphere, everyone is requested to maintain complete silence.

- Please note that during the meditation, from 5 to 6am the **gates will remain closed**. **Latecomers** may join in **after 6am**. Access is limited to the Amphitheatre and up to 7am only.

Cell phones, Cameras, Tablets and other recording devices are strictly not allowed in the Park of Unity, the Matrimandir Gardens and the Amphitheatre. You may leave your belongings at home, in your vehicle or deposit them at the 'Custody Facility' near the designated parking area outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or damage of items deposited at the "Custody Facility".

Please do not bring your pets to the Matrimandir.

Through your participation, you can help make the collective meditation a precious moment of inner experience.

Traffic and Parking Instruction

All are requested to **avoid coming by car**.

Parking for two wheelers only will be at the Second Banyan (a short walk from the road to the West Gate), **parking cars at the Second Banyan is not permitted**, cars will have to park on the old Matrimandir road.

People coming from Town Hall side will have to use the diversion road to reach the second Banyan.

Thanking all in advance for your understanding and co-operation.

Evening Program

- **6pm @ Amphitheatre:** Savitri Music
 - Entrance from the Office Gate from 5:30 to 5:45pm only.
 - Last entry for guests at 5:50pm.
 - Guests need to bring along their Aurocard

Bonne Fête and see you there
Matrimandir Executives
Antoine, Divya, John, Judith, Sundar

VOLUNTEERS Needed

We are about to celebrate Sri Aurobindo's birthday, on 15 August. To manage the people coming for this event, **Matrimandir is in need of at least 12 volunteers to help guide the people attending the morning meditation and bonfire.**

If you are willing to contribute to these events by volunteering, please write to matrimandir@auroville.org.in and give your phone number. Thanking you in advance for your contribution.

*Matrimandir Executives,
From Matrimandir bulletin*

MATRIMANDIR Access Information

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday: 8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity:** Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: 9am—3:30pm.
 - 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.
- **The Inner Chamber of Matrimandir:** Aurovilians with close family and friends (max. 3, not guests):
 - **Monday to Saturday** (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in
 - **Thursday Meditations at sunset with Savitri:** The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

*Antoine
for Matrimandir Executives Team*

AMPHITHEATRE Meditations at sunset with Savitri 6—6:30pm, every Thursday weather permitting



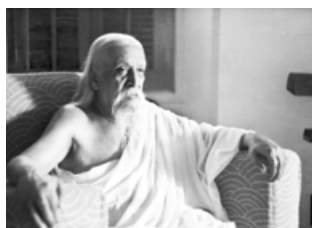
Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheatre only** from 5:45pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

Awakening Spirit

SRI AUROBINDO'S ROOM DARSHAN on 15 August, 2025



Dear friends, To celebrate Sri Aurobindo's Birthday, the Sri Aurobindo Ashram will open Sri Aurobindo's Room for Darshan on 15 August 2024.

Darshan is open to all

There are three options to visit Sri Aurobindo's Room on that day:

- **Early Morning: from 4am onwards**
 - You may join the **general Darshan queue**. No tokens are needed until the meditation at the Samadhi begins.
- **After the Meditation: from 6:40am onwards**
 - Entry will be by token only. Tokens can be collected at the booth near the Ashram Post Office.
 - Please note: you may need to wait or return later, at the time indicated on your token.
- **Afternoon: 12pm—3:30pm**
 - Auroville residents may pre-book tokens for this time slot at Pitanga. Details for registration are below.

Token Registration for Auroville Residents (including Newcomers)

- **Wednesday, 6 August & Thursday, 7 August**
9am—12pm and 3pm—5pm
@ Pitanga, Samasti

Volunteers and guests of Auroville are welcome to collect their tokens directly at the Ashram on Darshan day.

Transportation: As Darshan falls on a Friday, please see **Paulette's announcement** elsewhere in the News for transport details.

We are grateful to the Sri Aurobindo Ashram for its continued cooperation with Auroville on Darshan days.

Andrea for Pitanga's team

PONDY TRIPS ON DARSHAN DAY: 15 August

15 August is Sri Aurobindo's birthday, and also India's Independence Day.

The Auroville SAIER bus

- will leave at **3pm via the ordinary route** and
- will **return from Pondy at 6pm**

to allow those willing to use AV's collective transport the visit of Sri Aurobindo's room.

- Tokens are required.

This is not a commercial bus and the offer is only for Aurovilians and newcomers having darshan.

Paulette

BRAHMANASPATI KSHETRAM

 BRAHMANASPATI KSHETRAM The Mother Sri Aurobindo Centre <i>Work only for the Divine</i> No.3/134, Kalathu Mettu Street Edayanchavadi, Auroville Location labetram2014@auroville.org.in 	Calendar of regular events of August 2025 Every Tuesday 6:45 - 7:30pm Savitri Reading Every Thursday & all Sri Aurobindo Ashram Darshan days 6:00 - 6:30pm Meditation Every Friday 6:00 - 7:00pm, reading "The Mother's Questions & Answers-Vol-7" in English 8th, Friday at 7:15 - 7:45pm full moon, reciting Sri Aurobindo's Gayatri Mantra
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Rajan

SAVITRI BHAVAN SCHEDULE, AUGUST 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **A Special Exhibition in the month of Sri Aurobindo's Birthday:** The Mother and Auroville. An Exhibition of handwritten messages by the Mother. To remind ourselves about the aim and purpose of Auroville with the hand written messages on Auroville.
 - From 11—30 August @ Square Hall

Films: Mondays, 4pm

- **11 August:** Sri Aurobindo—An Indian Mystic Who Worked for Human Unity. This video is a tribute to the Master by the Sri Aurobindo Ashram Delhi Branch. Duration: 49min.

Accompanied by interesting questions and insightful reflections, the video encapsulates different phases and facets of Sri Aurobindo's inspiring life and unique teachings. Following the chronology of his life, it shows how the Supreme Divine guides everything and everyone—its friends and enemies—and the phases of study and the phases of action, etc.

The video opens with the question "Who is Sri Aurobindo?" and then proceeds to give information about his early life, his return to India, his political activities, and participation in the freedom struggle, his spiritual experiences in the Alipore Jail in Calcutta, and the speech he delivered in Uttarpara.

The question "What is Sri Aurobindo's teaching?" is also raised, and three essentials are mentioned in this regard:

1. Life Affirmation—Spirituality can and should be brought into worldly life, enhancing, enriching, and enabling it.

2. Evolution—understood as the unfolding expression of Divinity hidden in all creation. Since man has the urge and the capacity to evolve, he can collaborate with nature and thereby accelerate evolution.

3. The Vision of a Better World in the Near Future—As man evolves, human nature will start changing for the better. Instead of being ego-driven, human beings would become love-driven. More love in human lives would make the world a much better place.

In 1914 in Pondicherry, Sri Aurobindo met Paul Richard and Mirra Alfassa, and it was decided to bring out a monthly journal, the Arya, that would address the deeper questions of existence, look at the history of the world from a psycho-spiritual point of view, and harmonise different philosophical opinions.

From 1914—1920 Sri Aurobindo wrote a series of articles and published them in the Arya, and from these articles later were formed: *Essays on the Gita*, *The Secret of the Veda*, *The Synthesis of Yoga*, *The Life Divine*, *The Human Cycle*, *The Foundation of Indian Culture*, and *The Ideal of Human Unity*.

He gave everything that he touched a unique, timeless, and spiritual orientation.

With the publication of the Arya, Sri Aurobindo had established the theory, and then came the time for its practice. On 24 April 1920, Mirra Alfassa, Paul Richard, and Dorothy Hodgson came to Pondicherry from Japan. Mirra and Dorothy stayed back in Pondicherry and brought to the community around Sri Aurobindo the womanly touch of aesthetics and the Western touch of orderliness and consciousness.

On 24 November 1926, Sri Aurobindo went into seclusion for the inner work and handed over the charge of the community to Mirra Alfassa, called The Mother. The date is also known as the Foundation Day of Sri Aurobindo Ashram, Pondicherry.

The significance of the Ashram was that it became a laboratory to test Sri Aurobindo's thesis of bringing spirituality into worldly activities, and also to establish the principle that All Life is Yoga.

While in seclusion, Sri Aurobindo answered the letters of the sadhaks. Later on, they were published as *Letters on Yoga*. This became another source of psychological and spiritual wisdom. And he continued to work on his great poem *Savitri*.

One cannot help marveling at the Supreme Divine's plan that brought these two great souls, Sri Aurobindo and The Mother, together for their great work. The Mother and Sri Aurobindo had the same spiritual philosophy and Consciousness. It was a single consciousness in two bodies because one body could not have done what the two did.

And the Mother stated: "What Sri Aurobindo represents in the world's history is not a teaching, not even a revelation, it is a decisive action direct from the Supreme".

The thought-provoking, reflective, and touching film by Tara Jauhar and Productive House: Creative Garage is an offering by Sri Aurobindo Ashram—Delhi Branch.

The film is [available on YouTube](#).

Margrit for Savitri Bhavan

- **18 August:** Sri Aurobindo & the Earth's Future—From Darkness to Light—Episode 2—This episode covers Sri Aurobindo's life from 1900 till 1906 and his first involvement in the Indian freedom struggle. Dur: 56min.
- **25 August:** Sri Aurobindo & the Earth's Future—From Darkness to Light, Episode 3—This episode relates to Sri Aurobindo's life in Bengal from 1906 till 1910. Duration: 57min.

Full Moon Gathering

- **Saturday, 9 August, 7:15-8:15pm**
in front of Sri Aurobindo's statue

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **Auroville—a place for accelerated evolution:** A talk by Deepti Tewari
 - **Friday, 8 August 4—5pm,**
@ Sangam Hall. Everyone is welcome.
- **22 August: The Theory of Karma: an Aurobindonian Perspective:** Talk by Aresh Joshi
- **29 August: Auroville the Golden Bond:**
Film by A. Michele Decoust

Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

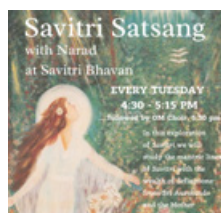
The Mother's words on Savitri:

"Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."



OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

*The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri*

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



Talks of Dr. Alok Pandey

on Sri Aurobindo's Essays on the Gita

- **Wednesdays,**
13 and 27 August,
4—5pm @ Sangam Hall.
All are welcome



Audios by Gangalakshmi

In 2013, Sri Kireet Joshi suggested that I undertake French readers on the works of Sri Aurobindo, Mother.

Ex. *The Life Divine, Savitri, The Gita, The Synthesis of Yoga, The Agenda of Mother and The Adventure of Consciousness* by Satprem.

Priya from Auroville Radio informed me that there were 500 readings. With infinite gratitude for this crossing.

GangaLakshmi

Body's Love for Divine

One hour deeper body practices drawing illumination from Savitri, Mother's Agenda and Huta's paintings.

- **2 and 16 August, Saturdays, 4—5pm**
- **Facilitator: Arul Dev**
- **@ Sangam Hall of Savitri Bhavan, Everyone is welcome**

Explorations:

Being conscious of all parts of body / Looking conscious breath with body / Moving awareness from the surface to the depth of body / Practicing Aspiration, Rejection and Surrender within body / Body's link to Vastness, Silence and Light Above head / Body's link to Cave of our heart / Body's link to Sacred Source in the sub-conscious / Releasing memory imprints, blankness and suggestions of dissolution / Discovering our body's substance that has its own subtle light and joy / Discovering body's aspiration and love for Divine / Learning to wait for the Divine to act.

About the Facilitator:

Arul Dev has been sharing his inner work through his books 'Into Great Depth of Your Being' and 'The Flame Within'. Post his engineering graduation, for 30 years he has been in the field of training, coaching, inner development, integral education and human resources consulting. In Integral Yoga his deep research is deeper body practices in the light of Mother's Agenda, Savitri and other works of The Mother and Sri Aurobindo. He practices and shares inner work with others for the transformation of entanglements in the body at the level of sensations, energy, emotions, thoughts and memories. The aspiration is to be fully aware of our body in all its cells and open its substance to connect to Divine Qualities, being in a fully receptive state.

Regular Activities

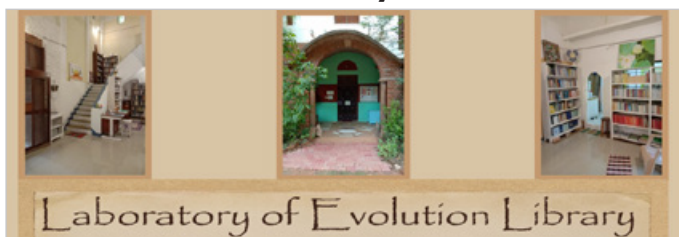
- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad

- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Margrit & Dhanalakshmi for Savitri Bhavan

LABORATORY OF EVOLUTION

Library



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

FROM AMAZON TO GANGA: A Celestial Journey



Friday, 15 August, 10:30—12pm

Directed and written by Professor Sehdev Kumar, this film is his personal reflection on the nature and expressions of Spiritual Quest as a Celestial Journey.

The film draws upon his experiences as a nuclear physicist, a historian of science and of mystical thought, a writer and a poet, and a wanderer in many cultures and countries, especially inspired by the visions of Sri Aurobindo, Kabir and Albert Einstein. The film is an interplay of Light and Water as Integral Elements in the Womb of Creation, and how they Weave and Create A Longing for a New Birth.



Submitted by Monisha

PAVILION OF TIBETAN CULTURE: EXHIBITION

on Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)

On the occasion of the 90th Birthday of His Holiness the Dalai Lama, the **Pavilion of Tibetan Culture** presents an exhibition on "**Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)**"

- **Open every day except Sunday.**

Starting right from Auroville's inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

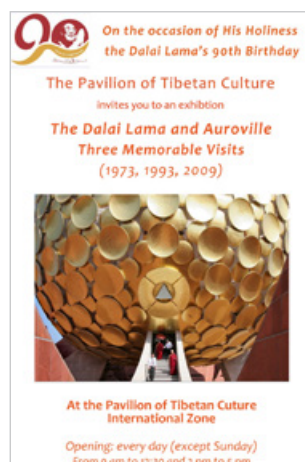
In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsyayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of the Pavilion. Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book, January 20, 2009
Kalsang for Pavilion of Tibetan culture*



FILM PREMIERE:

Sri Aurobindo—A Call to New India

Cinema Paradiso, 4pm, 15 August

Animation, 12 minutes, English

We are delighted to announce the premiere of our latest animation film, **Sri Aurobindo: A Call to New India**, dedicated to sharing Sri Aurobindo's transformative vision with young people across the world.



This new 12-minute animated film centers on the Five Dreams of Sri Aurobindo—a powerful message he delivered to the nation on the eve of India's independence, August 14, 1947. Although initially broadcast over All India Radio in Tiruchirapalli, his message did not reach the wider public and gradually faded from memory. Today, as the world faces unprecedented challenges, the wisdom contained within these Five Dreams offers renewed inspiration and hope, guiding us toward building a brighter, more harmonious future.

Following two years of dedicated effort, this film carries forward the legacy of our previous production, **Sri Aurobindo: a New Dawn** (released 15 August 2023), created by the same passionate team. We warmly invite you to join us at the premiere and rediscover the significance of Sri Aurobindo's message—a call to action for each of us to help realize a new India and a new world.

- To learn more about the film, please visit:
<https://www.anewdawn.in/>

Manoj for the Film Team

Bharat Nivas Presents
A WEEKLY STUDY CIRCLE

A weekly study circle on
The Synthesis of Yoga
- Sri Aurobindo



By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville



Monisha

Education

ILAI GNARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Technology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

Exhibition on Indian National Tricolour Flag

- Thursday, 14—18 August, inclusive Sunday, 10am—5pm @ Ilaignarkal Education Centre

To mark the celebrations of India's 79 Indian Independence Day, and Sri Aurobindo's 153th Birth anniversary, We have organised an **Exhibition on the story of our Indian National Tricolour Flag**, in collaboration with Puduvai Museum, Puducherry. We invite you all to travel into a part of the National History of India's Victory in the Freedom Struggle movement.



Sivakumar & R. Meenakshi for IEC

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive Learning Satellite (SLS) is now becoming an official unit under SAILER. Our service began in 2015 under the umbrella of the Teachers' Center, SAILER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects. Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

LEARNING SPACE OPENS DOORS FOR KIDS of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.



Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey for Aarambham Learning Space team

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only. Ashwini

SATORI:

educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

Health Care

NEW ORTHOPAEDICS SPECIAL CONSULTATION

@ Santé

Every Saturday, 3—4:30pm, starting 9 August

We are excited to inform you that Dr. Sanjay K Pal, Orthopaedic Surgeon—Bone, Joint, Spine Specialist, with over 45 years experience, graciously offered to provide his services & Consultation at Santé & will be available.

Anyone with Bone issues, Bone Fractures, Minor Accidents, Joint Pain/ Arthritis/ Injuries of Knee, Hip, Shoulder, Ankle, Wrist, Back Pain, Neck Pain, Weak Bones/ Osteoporosis, Postmenopausal bone problems etc can consult him at Santé. Please bring your discharge papers and images if any.

- You can get an appointment by calling Santé reception at 2622803 or write to sante@auroville.org.in

Dasha

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

CHILDBIRTH AND PREGNANCY

education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light.

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us.

If you would like more information or to join the class, please contact Savithri through only WhatsApp +918940571774 or email us at morningstar@auroville.org.in

Paula
for Morning StarTeam



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11 August onwards)
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Announcement from Santé

Santé is happy to welcome Dr. Pavan back and Dr. Joseph as a new member of the Santé team.

Dr. Pavan is an experienced general practitioner with a speciality in internal medicine: Dr Pavan has completed a fellowship at Andrew Weil Center for Integrative Medicine.

Dr. Joseph (short Dr Joy) joins as a volunteer and is an experienced general practitioner with a fellowship for Diabetes and Family Medicine, Dr Joseph is ready to see patients of all ages and has experience in pediatric care.

Dasha for Santé Services, sante@auroville.org.in,
<http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together! Rotem

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA, auroshruthi@auroville.org.in

Sruthi Sundaram

MARIKA HOME:

company to the seniors needed

We are looking for a person who likes to be on one or two afternoons per week for two hours, 2:30—4:30pm in Marika Home, Samasti, opposite Pitanga, to give company to our seniors.

- If you would like to try this, please contact 9787626452.

Mechtild

AURODENT DENTAL CLINIC

Expert Dental Scaling for a Healthier Smile
10% Off in August!

Performed by experienced dentists using European-standard tools.

Offer Details:

- Open to all Aurovilians and Guests
- Valid until 31 August 2025
- 10%OFF



For Appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha for Aurodent

Youth Initiative

BLIND BABBLE INVITES

Saturday, 9 August, 5:30—7pm

Join us at the Kinisi Coworking Space (opposite Auromode) for a game where conversation and connection take centre stage. Blind Babble invites you to connect with strangers through thought-provoking prompts designed to spark authentic, unscripted dialogue. Sit down, pick a card, and see where the conversation takes you!



We would love to see you participating! Any and all are welcome to play!

Onyx on behalf of Youthlink

Animal Care

Looking for a loving home

Awesome kitten, female, 8 weeks, dewormed, litter trained.

Present foster-carer will help with vaccines and sterilisation if required.

9503332918, Kay



Ecology

WASTE DISPOSAL guidelines

It is being observed that some communities are not putting enough attention and awareness into their waste disposal areas.

In many communities the bins are placed in the open—that is—without a shed or adequate shelter from rain. In some places the bins are kept at an inconvenient location for easy access and in some communities food materials are being regularly disposed in the waste bins.

It is requested that the community members raise their awareness regarding waste generation and disposal.

Additionally—Please put your waste in the proper bins and keep in mind the following :-

1. Strictly—No Food items, Kitchen waste or House sweepings to be put in waste bins—all these items to be composted.
2. Broken glass to be wrapped in a paper or plastic bag before binning. **Do not** put big glass pieces into the bins as they get stuck and is hazardous to handle by the pick up team.
3. Sanitary waste like diapers and pads etc to be wrapped in black disposable bags before binning
4. Do not put any organic waste like leaves, dried plants, flowers etc in the bins— all these things to be composted.
5. Bread wrapping paper is to be composted; please do not put them with other paper in the bin.
6. Please rinse milk packets, curd packets/boxes, oil packets, tetra packs and all food packaging before binning.
7. Please empty all liquids or food material from bottles before discarding including syrups, sauces/ketchup etc.
8. **Do not put any** Medical waste with the rest of the waste—all medical waste or hazardous waste to be taken to the Health Center for disposal.
9. The Eco Service does not pick items like beddings, mattress, pillows wood or ceramic.
10. Please keep the waste barrels covered and protected from rain and animals.

Please note that items such as Beddings, mattress and pillows can be given to the Dog Shelter, wooden items could be used for firewood or given to termites and ceramic items like wc, sink etc can be given to the Road Service.

Thanks for your effort and cooperation.

Auroville Eco Service
From mass bulletin



Festivals

BAL BOHÈME—GYPSY FESTIVAL

8 & 9 August

Presented by International Zone: Pavillon de France & Brotherhood House In collaboration with Kalabhumi Music Studio & Hibiscus Art Village

The Bal Bohème Festival is a celebration of gypsy spirit—wild, free, untamed. It honors the ancient rhythms and elemental wisdom that this nomadic culture has carried for centuries through music, dance, and art—from India to faraway lands.

Vibrant days of gypsy cinema, live music, dance, performance, market, carnival, and world cuisine, this gathering is a tribute to the soul's longing for freedom, connection, and authenticity.

Movie Screening: Gypsies Are Found Near Heaven

• 8 August, Friday, 8pm @ Cinema Paradiso

In Russian with English subtitles, 1976, R, 1h 36m, Director: Emil Loteanu, Country: Soviet Union, Genres: Drama/ Musical/ Romance

Festival

- 9 August, Saturday, 5—10pm @ French Pavilion
Music, Art, Dance, Carnival, Movie, Fire, Food, Market
- 5pm: "Gypsy Piano" (Abtin)
- 6pm: Spiral Dance with Prem Shakti
- 6:30pm: "Cotton Club" Bluesy Originals (Sam, Mathew, Saga, Rolf)
- 7pm: "Nuages" Gypsy Jazz (Ronny, Mathew, Saga, Rolf)
- 8pm: "Dusha" Ukrainian Originals (Shakti, Rolf, Suresh)
- 8:30pm: Music Set by CWILD
- 9pm: Gypsy Fire Dance

Submitted by Vivekan, Elena, Iris for Brotherhood House, French Pavilion, Hibiscus Art Village, Kalabhumi Music Studio



French Pavilion presents

@ Pavillon de France, opposite the Visitor Center

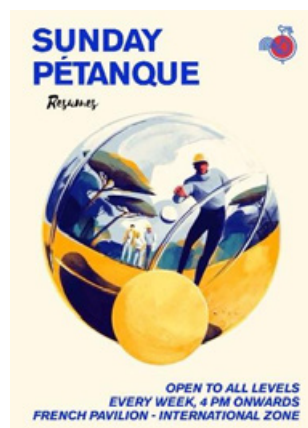
SUNDAY PÉTANQUE

Every Sunday, 4—5:30pm

Sunday pétanque is back!

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!

Submitted by Vivekan



BOARD GAMES

Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesdays, 4 to 5:30pm for Boardgames.

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Vivekan

Unity Pavilion Presents

SENCHA-STYLE tea ceremony



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

* Sessions are available as a one-on-one experience or for groups (4+ people).
* Children (5+ years) are welcome. Special Kids birthday sessions available.

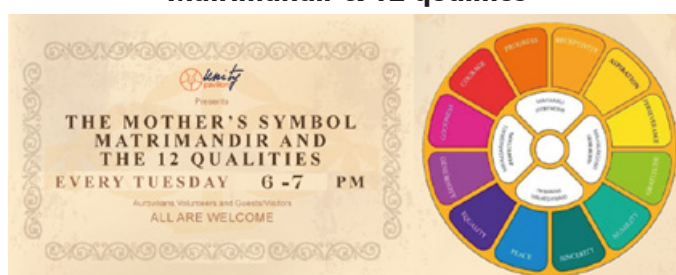
Rs. 400 per person
Rs. 300 per person for Groups of 4 or more
PRE-BOOKING OR BY APPOINTMENT
Call/Whatsapp +91-9385428400 for bookings

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA

THE MOTHER'S SYMBOL, Matrimandir & 12 qualities



International

AVI USA

is hosting an online Zoom event

Saturday, 9 August, 9pm India Time

Join Narad (Richard Eggenberger) and Matthew Andrews for a documentary clip screening, a conversation with reflections on Narad's lifetime of service to the Matrimandir Gardens and Auroville.



We will watch a short documentary clip as an overview of Narad's life work for the Matrimandir Gardens, his music with The OM Choir and his deep devotion to Mother and Sri Aurobindo. The clip is filmed and directed by Piotr Redlinski. The screening will be followed by discussion and Q&A.

- [Meeting Registration](#)
- <https://aviusa.org/narad/>

Ioana Boambes

ART CLASS: with artist Janakiraman



ART FOR LAND: Inner Awakening and Outer Expression



Priya for Unity Pavilion

Theatre, Music & Arts

CAPTURING LIFE BY JOHN MANDEEN

Selection of photos from Auroville
across four decades (1980 —2020)

1—10 August

@ Centre d'Art Auroville

- **Tuesday—Friday:** 2—5:30, morning by appointment.
- **Saturday:** 10—12:30 & 2—5:30

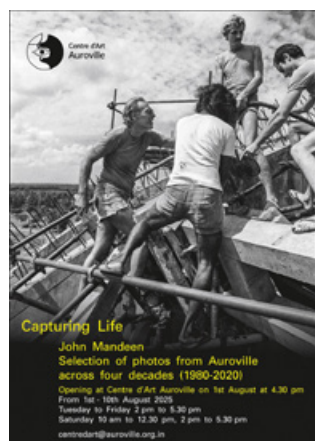
John Mandeen came to Pondicherry, South India, from California, in October 1968 as a young man of 24 and was accepted by the Mother as an Ashramite of the Sri Aurobindo Ashram. He helped set up the first screen printing workshop in the Ashram Press. All birthday cards with the Mother's symbol in those days were screen printed there besides book covers. He took up photography in the late 1970s and got seriously into it by the 80's, documenting Auroville in all its aspects very extensively, including the Matrimandir.

Since 1980 he was part of the Prisma Team with Franz and Tim and they did all the publicity work for Aurelec. In 1994 he took photos for the first Auroville Exhibition at the Visitor's Centre which was updated several times over the years. He was the photographer for the Auroville Today team till writers with snap and shoot cameras took over the job. He taught photography at the school in Aspiration school to many Auroville kids, all adults now, some of who ended up becoming photographers themselves.

Most of Prisma's initial publications, like the architecture books, carry his photos. Later he was involved in doing pre-press work for other Prisma projects as well as projects of the Sri Aurobindo Ashram Archives. Recently he was working with the Sri Aurobindo Ashram Archives on a new book they are bringing out.

He left for his onward journey on July 7, 2024.

Marco



DOMINIQUE DARR GRANT EXHIBITION

15—23 August

Opening on Friday, 15 August, 4:30pm

Centre d'Art created the Dominique Darr Grant to enable young artists to hold an exhibition at Centre d'Art. Photography and video are the main medium used, in tribute to the profession and passion of Dominique Darr.

The collective exhibition will show the work of the 5 artists selected, who worked on the theme of the first edition: "The Sun, the Moon and the Truth, three things cannot be long hidden".

- **Anantini**—Brother
- **Simran**—Impermanence
- **Aadi and Balaji**—Identity Crisis
- **Arati**—Remenoir
- **Bhavyo**—Where the Indian Roots Lie

In the proposed projects, the artists interpreted the theme in very different ways, but all of them captured the essence of the inscrutability of truth and will present their distinct visions of the perception of reality.

- **Tuesday—Friday,** 2—5:30pm
- **Saturday,** 10am—12:30pm, 2—5:30pm
- **Morning** by appointment



Marco

RETROSPECTIVE AT CENTRE D'ART

Wednesday, 6 August & Friday, 8 August,
4—5:30pm

@ Centre d'Art's Multimedia Room

In parallel with John Mandeen's exhibition, retracing Auroville's first 40 years, Centre d'Art would like to dedicate two afternoons to the screening of pictures by Dominique Darr, taken between 1971 and 1974. The images portray Aurovilians of the time, some of which are easily recognizable, while others seem complete strangers to us.



The Dominique Darr Archive would be grateful to receive your help in identifying people from that era, and thus enrich each photo with valuable information.

The Dominique Darr Archive would be grateful to receive your help in identifying people from that era, and thus enrich each photo with valuable information.

- **A first series of images** will be screened and commented in Centre d'Art's Multimedia Room on Wednesday, August 6 from 4 to 5:30pm, and
- **A second series** on Friday, 8 at the same time.

It will be a great opportunity to remember the old days and the people who contributed to the birth of Auroville. We look forward to seeing you there.

Submitted by Marco



Raghu

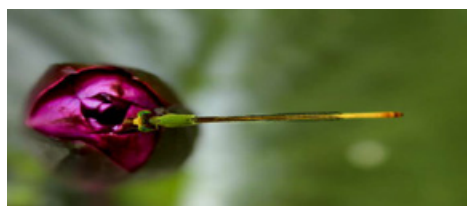
PHOTO EXHIBITION BY SATTVA

Little Creatures & Birds in our Backyard

8—30 August, Monday to Saturday

8:30am—12pm and 2:30—5:30pm, @ Pitanga

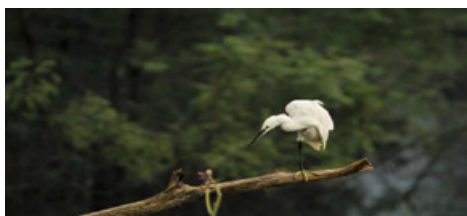
"I would like to welcome everyone to this combined exhibition of two separate photo series—'Little Creatures' and 'Birds in Our Backyard'.



I'm a seventeen-year-old amateur photographer and my work mostly covers Nature, Culture and Community Life.

The first four years of my life were spent right here in Auroville before I moved with my family to a sustainable farming community outside of Tiruvannamalai where I currently live.

Over the years I've been inspired by the natural beauty of both places. Immersion in the intricacies of the natural world from an early age fuelled in me an avid interest in ecology, conservation and birdwatching. These interests have had a profound impact on me, and one of the ways I engage with them is by using photography as a medium through which to explore



and share facets of the wonderfully wild world around us.

These twenty-four moments frozen in time aim to bring our attention back to dramatic, beautiful and sometimes alien scenes that play out largely unnoticed around us!

I hope you enjoy them." **Sattva**

"Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate."

Anandamayai

TUK, TUK, HURRA: photo exhibition by Tucsouth

8am—5pm

@ Aurelec Restaurant & Art Gallery

When four Kenyans lose their jobs due to the coronavirus, they scrape together their last savings, buy two TukTuks, drive towards Cape Town, make funny videos, and raise money for Africa's Wildlife Rangers.

The "Tuk South" project represents the spirit, courage, and freedom of a crazy adventure. Armed with two eight-horsepower Piaggio TukTuks and no schedule, Jasper, Ivo, Josh, and Robby guided their workhorses, named "Princess Buttercup" and "Wesley," past elephants and smoking stratovolcanoes, navigating through jungles, savannas, and the Kalahari and Namib deserts, documenting the lives and work of the rangers for a feature-length documentary. Their destination? Cape Town, South Africa, where they arrived after two and a half years.



By Franz Fassbender

Arpanaa Presents

ANUBHUTI, A MUSIC CONCERT

to commence the upcoming celebrations on the occasion of Sri Aurobindo's birthday

Saturday, 9 August, 5:30—7pm @ CRIPA

Kindly be seated by 5:15pm

We bring to the community a talented young musician Smt. Chaitali Sheollikar presenting a Hindustani music violin recital on Saturday, 9 August.

Chaitali Sheollikar represents the 4th generation of a family of reputed musicians. She started her rigorous training at the young age of 10, under the tutelage of her grandfather Pt. V.R. Sheollikar. And is currently receiving training from her father Pt. Praveen Sheollikar in the nuances of the "gayaki ang". The gayaki ang is playing an instrument with a technique that emulates the nuances and expressiveness of vocal music. Essentially helping the artist to reproduce the vocal style, including the subtleties and emotions of the human voice on the instrument.

Chaitali has represented India at the Ethno India Exchange program, presenting concerts in Germany and Belgium. She is an A grade artist of All India Radio and Recipient of Scholarship to Young Artists by Govt of India (CCERT) and NCPA Mumbai.

She will be accompanied on the tabla by Shri Yogeesh Bhat a disciple of Pt. Ravindra Yavagal and known for his sensitive and thoughtful accompaniment.

Arpanaa is a unit under SAILER and is supported by the BCC. It has been engaged in bringing various cultural events to the community. Presently this service is anchored by Yogini and Megha.

Yogini and Megha



TOUCHING THE SUBLIME

Ongoing till 23 August @ MAJI, Maroma

An exhibition celebrating creativity rooted in Auroville and Pondicherry. *Touching the Sublime* celebrates works of exceptional quality and depth, inviting viewers to pause, reflect, and engage with beauty in all its forms. It is a must-visit experience for anyone interested in the vibrant creative spirit of our bioregion.

About MAJI

MAJI is a cultural initiative by Maroma, a globally trusted brand that has been crafting natural wellness and fragrance products in Auroville for nearly 50 years. Through MAJI, Maroma extends its purpose beyond products—offering a platform for creative expression and artistic collaboration.

Curated by Supriya Menon Meneghetti, a ceramic artist and curator, the exhibition brings together diverse artistic voices rooted in sustainability, spiritual inquiry, and cultural harmony. Featuring ceramics, art candles, and paintings, this thoughtfully curated show offers a visual dialogue between nature and form, inner and outer worlds, tradition and experimentation.

As MAJI continues to grow, it seeks to amplify Auroville's artistic expressions while engaging in a larger global dialogue around conscious art, aesthetics, and community.

Sagarika, Gallery Manager



KIRTI CHANDAK WORKSHOP

Saturday, 9 August, 3—5 pm



Maroma Art Gallery, MAJI, invites you to an Artist Talk and Workshop “Conversations, collaborations, and sankalpa through materials” an afternoon with Kirti Chandak, an artist currently on view in our gallery.

Please sign up if you would like to attend, through our QR code, or via email: maji@maroma.com.

Sagarika Bhati

KALABHUMI GOES LIVE!

Friday, 8 August, 8—9:30pm

@ Kalabhumi Music Studio

A live concert event powered by Shakti Arts—Unit of Auroville Foundation.

A night of classic blues, R&B and soul music!

Featuring “Blues Deluxe”: Swaha, Rolf, Lorenzo, Edo, Santosh, Gulli, Eddie & Sam

Parking only at Gaia field/ CRIPA back entrance!

Contribution based entry:

- Guests Rs 300
- AV/ NC/ VL: Rs 150
- Drugs/alcohol prohibited!

Edo



SACRED SONG CIRCLE

Calling all fellow singers!

- Friday, 8 August, 7—8:30pm
- @ Butterfly Barn, Sve Dam (next to Sudha's kitchen)

We gather on Friday, 8 August under the full moon to open our hearts, activate our voices, and sing in celebration of all that is divine.

All voices welcome

Scan QR code to join WA group.

Dave



Dance Activities

DANCE WITH DANIEL

Open Style

- Saturday, 4:30—6pm @ CRIPA Small Hall

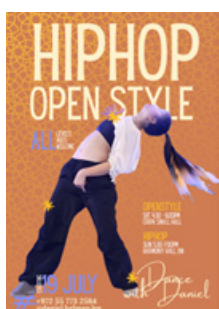
Hiphop

- Sunday, 5:30—7pm @ Harmony Hall, Bharat Nivas

Contacts: +91 2557732584

- Instagram: [@daniel.helman.lee](#)

Daniel Lee



NEW REGULAR SESSIONS

of Dance for Children

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation** from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class** from 6 to 8 years old, every Saturday, 9:15am
- **Twins' ballet class** from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Submitted by Fleur

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7—Introduction to Tango
8—Improvers
- **Wednesday**
7:30—Guided Practica
8—Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082,
tango@auroville.org.in



Maud

DANCE CLASSES BY MANI

Choose your Dance:

Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday:
Salsa class, 6:30pm
- Saturday:
Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner,
6:30—7:30pm
- Intermediate,
7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696



Mani

Theatre, Music & Art Activities

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop by Sasikanth Somu

21, 22, 23 August

@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings:

- **Thursday, 21 August, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 22 August, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm. Develop your roll of film.
- **Saturday, 23 August, 9am—12:30pm & 2—5pm** One can choose either of these sessions: Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee for guests is Rs. 3000, inclusive of GST. The workshop is free for Aurovilians, Newcomers, and registered volunteers residing in Auroville. Registered volunteers are requested to provide their registration details with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, they may complete the remaining days the following year only.

All materials for the workshop are provided except for the analogue camera. Analogue/ film cameras are available to participants for a contribution.

For inquiries about the analogue camera and any specific questions regarding the workshop, please write directly to the teacher:

- Sasi, sasi@auroville.org.in, +91 9159355809 WA.

The number of participants is limited to six. When registering for the workshop, please share your full name and mobile number. Kindly write a few words about yourself and your interest in analogue photography.

Sergey, Centre d'Art



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop by Sathya**
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:** Every Tuesday, 5—7 pm.
- **Live Portrait by Sathya:** Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya: +91 9486145072, sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

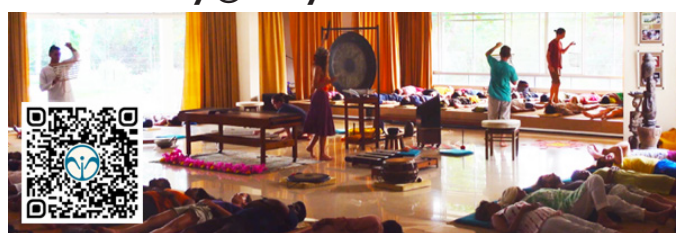
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- **By Appointment Only**
- Available Sessions: Solo, Duo or Group
- For details and booking: <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- **Every Wednesday from 6 August, 5:30—6:30pm**
- For details and booking: <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday—Saturday, 10:30am—4:30pm,**
- **Sunday 10:30am—12:30pm**
- For details and booking: <https://svaram.org/sound-garden-art-installations/>

Sound Journey Facilitation Training



For aspiring sound healers and therapists, the Sound Journey is a powerful transformative practice that blends intentional sound, presence, and space-holding to support deep healing, expanded awareness, and energetic realignment.

- For details and booking: <https://svaram.org/sound-journey-facilitation-training/>

Aurelio
for the SVARAM Team

AUROVILLE SINGING FESTIVAL 2025

Selection Process

We're delighted to announce that the Auroville Singing Festival 2025 will be held on 4 & 5 October @ CRIPA Hall.

If you love to sing and feel at ease performing on stage, we warmly invite you to be a part of this celebration of voices!

We would especially love to hear songs in your native language, bringing the richness of your culture and spirit to our shared space.

- The selection process begins in early August, so if you're interested in participating, [please sign up here](#).

We look forward to seeing you—and hearing your voice!

With joy and music, Shakti for AVSF Team

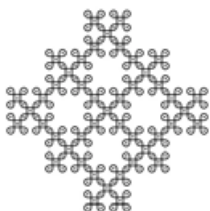


ACTIVITIES

by Grace Gitadelila

KolamYoga offers One off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course.

Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTa?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga: Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

KOREAN CALLIGRAPHY

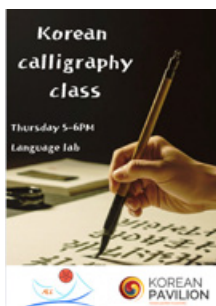
Thursdays 5—6pm @ Language Lab

Hangeul is the Korean alphabet. It was created in 1443 by King Sejong the Great and his scholars to help people read and write easily. Hangeul is known for its scientific design—the shapes of the letters show how the mouth moves when making the sounds.

It has 14 basic consonants and 10 vowels, and they are combined into blocks to form syllables. Today, Hangeul is considered one of the most logical and efficient writing systems in the world.

Discover the art of Korean calligraphy by learning the graceful forms of Hangeul consonants, vowels, and their harmonious combinations.

Mint



Sports & Martial Arts

MTB BICYCLE RACE

17 August, 6am @ Townhall parking area

Registration closes on 11 August

We are happy to announce our next event for the MTB bicycle riders in August 2025.

Join us on 17 of August at 6am at the Townhall parking area for the exciting race inside Auroville for **all ages above 12 years old**. The distance of the race is 18 kms. This time we have a **men & women category**.

- [Register now to participate in the race](#). On race day spot registration is not available.

- The registration closes on 11 August.

Raju, +91 9443074825 WA only



AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber

MOVING MEDITATION TAICHI & QI-GONG

Taichi is the art of change. Learning how to drive your energy.

It is a mental & physical training method.

- Monday: Taichi, 5:15—6:15pm
- Tuesday: Qi Gong, 5:15—6:15pm
- @ Budokan, Dehashakti

Facilitated by Jiseong Park. No registration required



Jiseong
on behalf of Youthlink

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- Kalari Classes for Beginners
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- Kalari Massage Available
 - By appointment, 9042009200



Maneesh

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30–4:30pm** for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

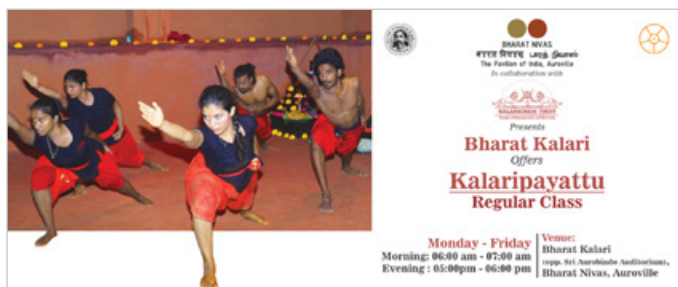
After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:** +91 84480 77070

Giacomo for Abhaya

Bharat Nivas presents



- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Monisha for BN Team

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Friday, 6:30—7:45am

Body awareness & Relaxation

- @ Budokan Dojo, Dehashakti, Wednesday, 5—6:15pm

For more info: 8110848123 WA.



Hans

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am
- **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who want to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

MORNING SWIMMING CLASSES for children

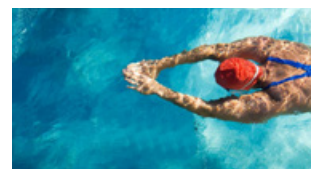
Limited spots available!

Tuesdays & Thursdays, 6:30am—7:30am
@ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:** +91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now: +91 8637633696

Package swimming class



Mani

Multiple Activities



BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville



Celebrating the 150th Birth Anniversary of Sri Aurobindo
Presents

PROGRAM SCHEDULE OF AUGUST 2025

Programs	Workshop & Courses	Regular class & Performance	Stalls & Exhibitions
Fire Silambam Showcase by Hariharan and Team Venue: Kala Kendra Open Amphitheatre 06:30 pm Tuesday, 05 th August 2025	Yoga Course with Bala Venue: Bhumi hall 01 st - 06 th August 2025	Kalaripayattu Class - Ancient Martial Art of India Venue: Bharat Kalar (Opp. Sri Aurobindo Auditorium) Monday to Friday 06:00-07:00 am & 05:00-06:00 pm	Speed Live Caricatures Venue: Opposite of Kala Kendra, Bharat Nivas
Sanskrit Chanting and Philosophy with Balaganesh Siva Venue: SAICHU 06:30 pm Friday, 08 th August 2025	Tango Boot camp Venue: Harmony hall 02 nd - 03 rd August 2025	Kalaripayattu performance - Ancient Martial Art of India Venue: Bharat Kalar (Opp. Sri Aurobindo Auditorium) Every Friday & Saturday 06:00-07:00 am & 05:00-06:00 pm	Souvenir Shop - Gifts with Meaning Venue: Near Sri Aurobindo Auditorium
Chanting with Suchi Om Venue: SAICHU 06:45 pm Saturday, 09 th August 2025	Eye Yoga & Wellness Retreat by Auro Perfect Vision Venue: Progress hall 04:00 - 05:00 pm 06 th - 10 th August 2025	Vinyasa Flow Yoga with Bala Venue: Progress Hall, Bharat Nivas Every Thursday, Friday & Saturday 05:30-07:00 pm	Bharat Nivas Café - The Pathway to Flavour Venue: Pathway Café
Bharatnatyam Arangeetrum by Triveni Kalakendra Venue: Sri Aurobindo Auditorium 04:00 pm - 06:00 pm Sunday, 10 th August 2025	Freedom of the Body - Workshop Venue: Harmony hall 09:00 am - 01:00 pm 22 nd - 24 th August 2025	Auroville Tango Venue: Harmony Hall, Bharat Nivas Every Monday : 07:00 pm - Introduction to Tango 08:00 pm - Improvers Every Wednesday : 07:30 pm - Guided Practice 08:00 pm - Long Practice	Marketplace Stalls - Auroville Made • Hemplanet - Hemp-based wellness and skincare • Deepam Candles - Hand-poured artisan candles • Taste of Nature - Herbal teas, jams, snacks • La Boutique - Ethical clothing and crafts • Egai - Workshops : incense, jewellery, coconut shell • Auroville Explore - Guided tours of Auroville • Svaram - Sound Journey
Tamil Philosophy Talk by Raman Venue: SAICHU 06:30 pm Monday, 11 th August 2025			
Story Sessions about Sri Aurobindo by Vatsla Sharma Venue: Sri Aurobindo Center For Studies 10:30 am 11 th & 12 th August 2025 Venue: Sri Aurobindo Center For Studies 02:30 pm 13 th August 2025 Venue: Sri Aurobindo Center For Studies 10:30 am 18 th & 19 th August 2025			
Kirtan & Philosophy with Balaganesh Siva Venue: SAICHU 06:30 pm Tuesday, 12 th August 2025			
Baul Music with Adhi & Sri Chaya Venue: SAICHU 07:00 pm Wednesday, 13 th August 2025			
Musical Homage to Sri Aurobindo with Dr. Shobha Ramesh Venue: Sri Aurobindo Auditorium 06:45 pm Thursday, 14 th August 2025			
Amazon to Ganga (Movie Screening) by Sehdev Kumar Venue: Sri Aurobindo Auditorium 10:30 am - 12:00 pm Friday, 15 th August 2025			

Everyday | 10:00 am - 04:30 pm

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate

Contact: bharatnivas@auroville.org.in
Monisha, BN Team

IT MATTERS ACTIVITIES, A/C ROOM

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED

LOCATION:
Auroville Main Road
Kuilapalayam

@ It Matters, Auroville Main Road

More info on instagram: [@auroville.curated](https://www.instagram.com/auroville.curated)

Workshop pre-registration required:

• itmatters@auroville.org.in or +91 9344087925 WA

Date	Workshops in August
9 Saturday, 10—12pm	Pranayama & Mudras: Yogic Science of Breath with Mamta, Contribution Based
10 Sunday, 10—12pm	Creative Movement therapy: Held by Breath, Body & each other with Sherihan & Gopika, Contribution Based

Bhakti & Sandra

Bioregion & Nature Activities

SADHANA FOREST: PLANT BASED SATURDAY

Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

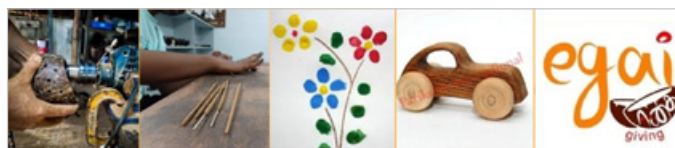
- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

• Contact Anand: +91 9791896488,
egai@auroville.org.in

Anand

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluvelli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.



Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Ganesha Idol Making workshop

- 2, 9, 16 and 23 August, Saturdays, 9:30am—12:30pm @ Mohanam Village Heritage Centre.

We are happy to invite you to a hands-on workshop for Vinayagar Chaturthi, where participants will learn to create their own eco-friendly Vinayagar (Ganesha) idols using natural clay.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079

Balu for Mohanam Program

WORKSHOP @ REVELATION FOREST



Lionsgate Portal & Full Moon Retreat, 8—9 August

Join us for a transformative retreat as we harness the potent energy of the Lionsgate Portal and the full moon. This sacred time offers a unique opportunity to receive love and light from Sirius, amplifying our spiritual growth and ascension.

- Transformational Energy:** Tap into the powerful energy of the full moon and the Lionsgate Portal to catalyze your spiritual evolution.
- Sirius Transmission:** Receive love and light from Sirius, amplifying your heart-centered consciousness and higher awareness.
- Guided Meditations:** Embark on guided meditations to connect with the celestial energies and access deeper states of consciousness.
- Energetic Upgrades:** Experience energetic upgrades and activations with Lyran light language.

Register: +91 9360748665

Facilitator: Kundhavi Devi

Arun for Revelation Management Team

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

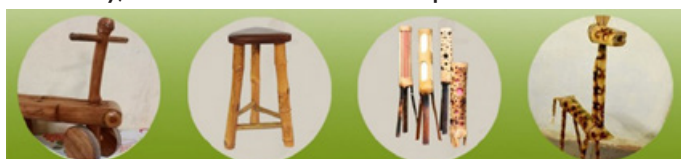
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

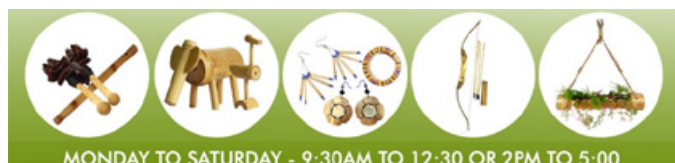
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops

Bamboo Joineries-Beginner Course

- 8—9 August

The Bamboo Joineries workshop is a two day immersive learning experience that offers the opportunity to learn the fundamentals of bamboo joineries, while engaging in a unique self-inquiry in the company of an international team of mentors.



Bamboo Furniture Workshop

- 22—23 August, 9am—5pm.

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc... The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

*Krishna
for the Solitude farm & café*

WELLPAPER WORKSHOP



10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper: +91 9385744722, 0413 2969722

Viji

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



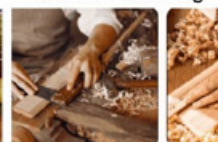
Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

*Arun, Anand and Balaji
for Enlight Team*

AUROVILLE EARTH INSTITUTE

Upcoming On-Campus Training Courses



Limited slots available - Register now!

We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies.

Below are the details of our upcoming sessions:

Months	Dates	Category	Details
September	1—6	CSEB	Design
	8—13	CSEB	Intensive
	15—20	AVD	Masonry
October	6—9	Special	Ferrocement

- For more information and to register: www.earth-auroville.com

- Contact: training@earth-auroville.com

T. Ayyappan

Help Needed

MORNING STAR

Help Us Build a Place for Respectful Maternity and Women's Wellness Care

Construction at the Morning Star site is in full swing! This center for community-based natural birthing and women's wellness is deeply rooted in Auroville's values: honoring conscious birth for women of all nationalities, including fathers in the sacred moments of pregnancy and birth; supporting health for women throughout the lifespan—all in a sustainable, beautiful building surrounded by trees and gardens.



To manifest and sustain Morning Star, we are seeking your support—from within Auroville, across India, and around the world. This is your chance to be part of a meaningful step toward the future of humanity. Every contribution—big or small—makes a real difference.



How You Can Contribute

1. Aurovilians (Indian Nationals Only)

You can contribute directly through a Financial Service (FS) transfer:

- Send your FS Transfer to Auroville unity fund FS account 240001. Project Name: Morning Star

Once done, please inform us so we can acknowledge and account for your donation properly.

2. Indian Nationals (Outside Auroville)

Please donate via the Auroville online donation portal:

- <https://auroville.org/page/donations>

Select your preferred payment method. In the Project/ Remarks field, enter: Morning Star

3. Foreigners Residing in Auroville (Non-Indian Nationals)

Due to FCRA regulations, direct FS transfers are not allowed. Please follow these steps:

- Write a cheque addressed to: Auroville Foundation
- Submit it to us or to the Unity Fund at the Financial Service
- Provide a copy of your passport

The Unity Fund team will process and route the donation to our project in compliance with FCRA regulations.

4. Foreign Donors (Outside Auroville)

Donations can be routed through any of the AVI centers. Please check the Auroville International Centres for more information: http://auroville-international.org/avi_centres/

Our fundraising partners: AVI-USA

- <https://give.aviusa.org/page/MorningStar>.
 - Donations via Auroville International U.S.A. are tax-exempt.

AVI-UK:

- <https://aviuk.org/fundraising/donate/>
 - Tax-exempt donations via Auroville International U.K. Please mention: Morning Star

All donations are processed through the Auroville Unity Fund in accordance with FCRA rules of India ensuring compliance, full transparency and proper usage.

Need Help?

Our fundraising coordinator, Balaganesh Siva, is happy to assist with any questions about the donation process.

- balaganesh.siva@gmail.com
- +91 98926 99804 WA/ Call

Let's build this dream together and bring conscious, respectful care for women, babies, and families—not only to Auroville, but to the world.

Paula for The Morning Star Team,
www.aurovillemorningstar.org

ANY CONTRIBUTION, BIG OR SMALL, will make a difference: Bhavyo

I'm Bhavyo. Some of you may know me as an art teacher at Last School and a young artist exploring painting, photography, and now ceramics. I've been invited to a 90-day Artist-in-Residence program at



Taoxichuan Art Center, Jingdezhen, China! An amazing opportunity to grow and offer the best of my art.

The residency is partially funded, but I need help covering the cost of shipping my large ceramic works back to Auroville. Any contribution, big or small, will make a difference.

- FS account: 106629
- For more information about this opportunity or to donate please visit my GoFundMe page: <https://www.gofundme.com/f/support-bhavyos-artistic-journey>
- For any further questions reach out to me: +91 9626082638 WA

Thank you for supporting my art!

Bhavyo

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

Cowork, kindly @ Marc's Cafe



Matilde

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- **Opening hours:** 7am—11pm
- **Flexible Passes & Validity:**
 - 1 Day Pass
 - 5 Days Pass (Valid 14 Days)
 - 25 Days Pass (Valid 60 Days)
 - 60 Days Pass (Valid 120 Days)
- **Conference Room:** As Booked (4 hrs)
- **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).
- **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in

Laure



Taxi Share

To Aravind Hospital any day in August

I'd like to share a taxi to Aravind Hospital for a field test.
Any day in August. **Gaya, 9442663282 WA**

Looking For

Looking for a medical or hospital bed

We are looking for a medical or hospital bed for an old man, Aurovilian Giuseppe.

The bed should have side rails that can either be opened (lowered) or raised so that the old man does not fall out of the bed at night when turning and moving the body. Best would be a bed without wheels.

We are happy to receive an old bed that is still intact, or can get repaired with minimal costs. Please contact Enrica, 9840031935 or Shivaya, 9489601312 by phone/ SMS/ WA.

Shivaya

The Mother's Flower Garden is in search of stones and pebbles

The Mother's Flower Garden is in search of stones and pebbles—of any size, shape, or colour—to help us design and beautify the garden's sacred spaces.

If you happen to have some and would like to offer them, we would be most grateful to receive your gift.

mothersflowergarden@auroville.org.in
+91 8608854330

Rabi

for The Mother's Flower Garden Team

Urgently seeking a long-term housesitting opportunity or a rental

My name is Dhruvi, and I am an architect working at Unitary Design Studio with Omar Rabie. I have been living in Auroville for over a year now and am currently in the volunteer process to become a Newcomer.

I am urgently seeking a long-term housesitting opportunity or a rental, with a stay of at least 4 months or longer. I am a responsible, quiet, and clean individual who has had the privilege of housesitting in several communities over the past year, always with care and gratitude.

- If there is any relevant opportunity please feel free to contact me at +91 8879151241 **Dhruvi**

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call
8122274924

Aviram

for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA



AARAMBHAM LEARNING SPACE

Looking for a volunteer caretaker

Aarambham Learning Space is looking for a volunteer caretaker. Simple place to stay & lunch provided in exchange for physical work few hours a day.



Looking for a long-term volunteer Facilitator

Our expectations

- responsibility and punctuality
- ability and preferably some experience of work in the education field (age from 6 to 12)
- good communication skills with kids and adults
- ability to move around Auroville
- interest and motivation
- optimism and good energy

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey

Available

Computer towards contribution

I am selling my beloved computer. It served me well, but I need a more powerful model for professional programs. It is perfect for office tasks, movie watching, internet browsing, music, medium level graphic computer games, etc.



HP Chromebox High Performance Business Class Mini PC Secure. This tiny desktop computer has features like Intel Core i7—8th Gen processor with 1.9 GHz upto 4.2 GHz with Intel Turbo Boost Technology, 16 GB DDR4 RAM, 512 GB SSD making it the perfect Business Class Mini desktop pc to carry out all tasks in one place.

It is super easy to carry around and it doesn't take space on your desk. It is fully functional: no lags.

Alexey, + 91 8300288303 WA

Work Opportunities

eco ♀ femme

is looking for a communications lead

Eco Femme is seeking a dynamic and passionate Full-Time Communications Lead to drive our growth and brand awareness. We are looking for an experienced candidate in marketing strategy, leadership, and project management to guide our team to meet organizational and programme goals.

Proven experience required

- Minimum 1 year of experience leading a team, including cross-functional coordination
- Marketing strategy development and implementation
- Basic understanding of performance marketing and analytics
- Platform-specific expertise in Instagram, Facebook, LinkedIn, YouTube, Google Business, website, and email marketing
- Project management/ campaigns

We are based in Auroshilpam.

Starting date: Immediate. This position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar, +91 7094278777

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Seeking for qualified candidates:

Assistant professor

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to info@aiat.edu.in.

Looking for a Hindi language teacher

Auroville Institute of Applied Technology (AIAT) is currently inviting applications for the position of Hindi Language Teacher. Candidates with a Master's degree in Hindi or a related field will be given preference.

- Qualified and interested individuals are requested to send their CV to info@aiat.edu.in. Amarnath

CONTENT CREATION, RETREAT LOGISTICS, proofreading, website updates

Hello, I am looking for people who can support the different areas of my work—content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page: <https://www.allthingsvedic.in/work-with-us>. You'll find all the details there, along with a short form to be filled.

Vikram Devatha

9843948288,

Submitted by Megha

Work Offering

BABYSITTING

Hello my name is Padmashree. I am a 16 year old Aurovillian. I've done babysitting last year and had to stop because of my school schedule, now that the new year has started I would like to continue to work with kids.

- I've done babysitting with 4—5 years old, I'm willing to try any other age groups.
- I'm free every afternoon. I'm also open to do occasional evenings for you parents to have nice time without kids.

If you would like or need my help please message me for further details.

+91 8015086448,
Padmashree

LOOKING FOR SMALL JOBS and work assignments

My name is Ajeeth Rajaram. I have been working in Auroville in different places. Presently I finish my studies in medicine, cardiology. Besides the courses and days/nights in the hospital on duty, I am looking for work to support myself and pay for transport. I have a driving license and experience with driving; I have helped in management of a taxi unit in the past. I can repair and fix things. I could do errands or take up watchman duties in off hours. If you need a handyman please call me.

- Contacts: +91 70940 95766, SMS, WA or call.

Ajeeth. Submitted by Shivaya

Foods, Goods & Services

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

Auroville Bakery Cafe is excited to announce the opening its new branch in Town Hall!

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe will also host an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

We warmly welcome you to join us!

Auroville Bakery & Cafe Team,
from Mass Bulletin



Pour Tous பூர் தூஸ் For All

Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

PT Purchasing Service has extended its closing time to 5:30pm From Mass Bulletin

GOYO KOREAN SILENT RESTAURANT

@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm



Please book one day in advance
+91 9489693809, goyo@auroville.org.in
Won Ja for Goyo



- Cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

Special offers at Cafeteria Visitors Centre

- Every day, 7:30—9am 50% Discount for Aurovilians on our organic breakfast items!
- Every Thursday 50% Discount for Aurovilians on Korean dishes
- Every Friday 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

Kyonghyon Lee for Right Path Cafe

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant

*Auromode
Restaurant*

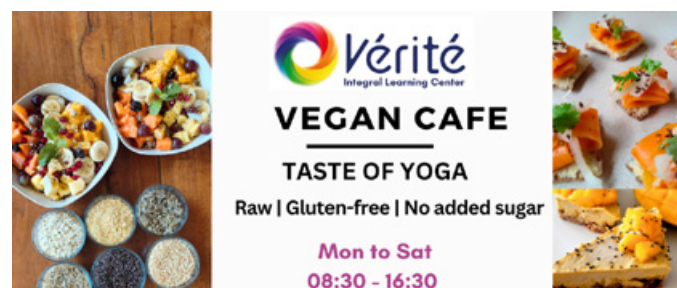
NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day Monday to Saturday @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan



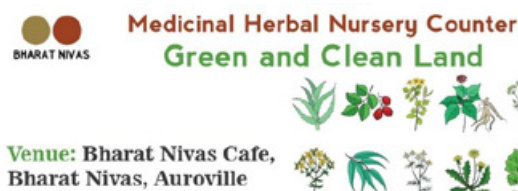
Kathir
for Vérité programming



Monica for The Sprout team,
www.thesprout.in

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity. Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Any time dosa and pongal @ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Monisha

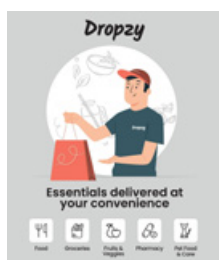
DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:

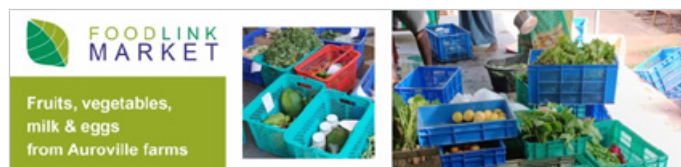
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info:**
call/ WA +91 83002 68804 or pass by.

Isabella for FoodLink

TAMIL NADU BASMATI RICE @ SIDDHARTHA FARM

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.



- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at: siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

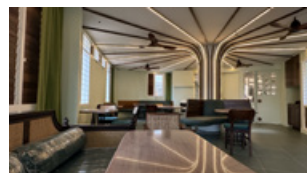
LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva



QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh for ITS

SUNRISE TAXI SERVICE



Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in



Sathish for Sunrise Taxi

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 **Balaji & Arun**

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server set-up, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, lyyappan



Vanakam, Bonjour and Hello from Inside India

Auroville bio-region tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 10am to 3pm, with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest. Timings are 10am to 3pm. Please book 36 hours in advance.

Off-road cycling & half-day rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure. Available on request, with a 36-hour heads up.

Special Flights and Offers

- **Air India:** From Chennai to Paris, London, Zurich, Seoul
- **Etihad Airways:** From Chennai to Paris, Frankfurt, London, Amsterdam, Brussels, Munich, Zurich, Vienna, Madrid, Barcelona, Rome, Milan.
- **Thai Airways:** From Chennai to Seoul, Bali.

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end!

Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

What is Individual Travel Insurance? It's a policy that protects solo travelers, families and any traveler against unexpected events like medical emergencies, trip cancellations, or lost baggage while traveling abroad.

Key Features of Bajaj's Travel Insurance: Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Inside India Timings and more

- Inside India is open for your next journey **Monday to Friday, 10am—5pm**
- We are closed on the 1st and 3rd Saturdays of every month.
- **For urgent matters or emergencies**, you may contact our ticketing agent Ganesh: +91 9894598686.

Itineraries & Ticketing

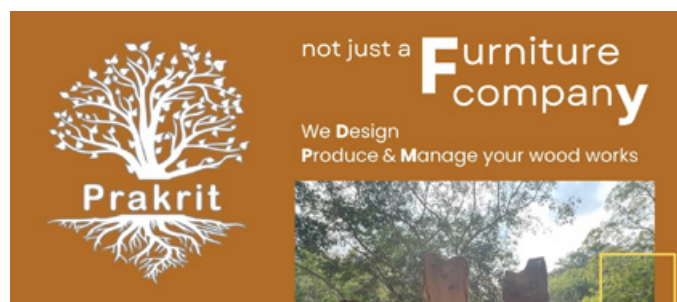
Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at tours@insideindiaauroville.com to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

Happy Travels!
Shaheen for Inside India Team

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

FREE STORE WORKING HOURS

Mornings:

Monday to Saturday, 9am—12:30pm

Afternoons: Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala
for the Free Store team

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store
(auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp:
<https://chat.whatsapp.com/BY0sIY138DwFFdAffBsCRJ>

AL Majumdar,
+91 9843941207 WA

Voices & Notes

CITY OF DAWN OF THE DIVINE EVENT

"It was the hour before the Gods awake.
Across the path of the divine Event..."

- <https://incarnateword.in/cwsa/33/the-symbol-dawn>

Many lifetimes later, Circa 2025:
We have reached the City of Dawn
On its 57th year since inception
Wherein the awakened Gods
Have been busy churning the humans
In preparation for the Divine Manifestation.
What will happen next?

Here Sri Aurobindo elucidates and gives sense to the unfolding Divine Play, specifically the distinctness of Mother India and Her people. This to also understand that the paradigm-shifting Supramental Vision-Goal behind Auroville can only happen in Mother India.

"The true nature of the Indian polity can only be realised if we look at it not as a separate thing, a machinery independent of the rest of the mind and life of the people, but as a part of and in its relation to the organic totality of the social existence. ...

"But in the actual condition of humanity, its ignorant and devious nature subject to perversions and violations of the true individual and the true social dharma, there has to be superimposed on the natural life of society a State, a sovereign power, a king or governing body, whose business is not to interfere unduly with the life of the society, which must be allowed to function for the most part according to its natural law and custom and spontaneous development, but to superintend and assist its right process and see that the Dharma is observed and in vigour and, negatively, to punish and repress and, as far as may be, prevent offences against the Dharma."

<https://incarnateword.in/cwsa/20/indian-polity-ii> (best to read it all)

The Auroville Charter unequivocally states:

"But to live in Auroville, one must be a willing servitor of the Divine Consciousness."

That implies also its opposite, willing servitors of the undivine consciousness, even anti-divine. The ego-bound anarchists and tamasic exponents of the past that seeks to endure. They are very active here in Auroville, as we observe and experience.

For normal aspiring humans like us, that will be difficult or even close to impossible to counter-check.

Thus the need of the Government of Mother India in not just maintaining the balance, but to tip the balance in favour of the New Supramental Dharma, the individual and social transformation needed towards the difficult Vision-Goal of a Divine Manifestation of the new apex species the Supramental being that is the very rationale of this City of Dawn envisioned and founded by the Avatar Sri Aurobindo and the Mother:

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."

<https://auroville.org/page/core-documents>

Watch also this, the objective and role of the Government of Mother India in Auroville are quite clear since the beginning and in the recent major correction that is progressively unfolding.

We continue on...

Note: for readers of the printed version, please scan the QR Code to access the full post and links or go to this blogsite to access the post of the same title:

<https://zechjoya.blogspot.com/>

Zech



Zech

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.147](#) (Literature)
- [Savitri—Ep.17: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Teens Connect Ep.16 with Udayan](#) (Education)
- [Sadana Sadassivam interviews her father Sadassivam, a marine engineer.](#) (Education)
- [Life in Auroville: Through Balaji's Eyes.](#)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.503](#) (Integral Yoga)

Latest Youtube video

- [Bye Bye Blackbird—Cover by Shraddha—Auroville Singing Festival 2025](#)
- [Porque Te Vas—Cover by Mila, Helana & Susana—Auroville Singing Festival 2025](#)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Sai Priya for Auroville RadioTV Team

Poetry

A HUMAN SOUP

A human soup
An apron tied
behind the back —
a home chef readied
before the stove.
But cooking started
long before,
by the One
who brought us
ingredients
together.
A human soup —
adjust it
to your taste.

Anandi Z.

Classes, Workshops & Healing Arts

AWARENESS THROUGH THE BODY, ATB

Saturday, 9 August, 9:30am—12:30pm

All are welcome for an introductory exploration of Awareness Through the Body (ATB) with Honor & Vega. This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from a place of deeper wisdom—our psychic center. We use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness. Both new and experienced participants are most welcome!



- Prior registration required and [further details provided using the form](#)

Honor for Dancing Tree
dancingtree.smile@gmail.com, 9159856148 WA



www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Woga® (Yoga in Water) Classes

- Thursday, 14 & 28 August, 4:30—6pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C).



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga® (Yoga in Water) Course 1 & 2 with Pooja & Tamara

- 16—17 August, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim).

Woga® Instructor Training Course with Pooja & Tamara

- 19—24 August, 8:45am—6:30pm, 42 hours

During this 6-day course, you'll gain a fundamental understanding of Woga, enabling you to harness the benefits of yoga in warm water. The program includes learning a diverse range of Woga exercises, as well as receiving didactic resources for conducting Woga classes or integrating Woga into your aquatic fitness classes.



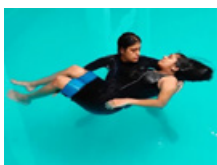
After successful completion of this course, you'll be certified as a professional Woga® Instructor.

- **Prerequisites:** Woga® 1 & 2 plus certified instructor in aquatic sports or any type of bodywork, or long-time bodyworker in any kind of activity.

Watsu® Basic with Pooja

- 25—26 August, 8:45am—6:30pm: 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic course introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. In this course, you'll practice basic techniques and qualities (grounding, presence, stillness,



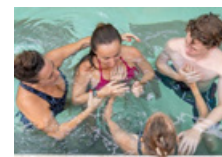
movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Sheida

- Saturday, 30 August, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!). **Guido**

HYBRID/ ONLINE WORKSHOP:

Radical Transformational Leadership for Here and Now 2025

Everybody can choose to be a radical transformational leader and contribute to addressing our challenges be it in our society, home or workplace. Our challenges of today need new transformations that source our inner capacities, and new design to make a difference.

Note: It consists of a series of 4 hybrid/ online workshops over 9 days, spaced apart by four to five weeks each. New capacities are introduced in each session and practiced inter-session to put these in action including weekly peer learning and coaching calls between each workshop session.

All participants must commit to participating in all the days in the four sessions.

- **Session 1:** 20—22 September, Saturday, Sunday, Monday
- **Session 2:** 18—19 October, Saturday, Sunday
- **Session 3:** 22—23 November, Saturday, Sunday
- **Session 4:** 20—21 December, Saturday, Sunday

The program will be held 8am to 5pm in person in Unity Pavilion or participants can attend online

- **Towards contribution**
- **To register:** [please fill in the form here](#) or email stewardship4newemergence@auroville.org.in by 23 August.
- Saranya: saranyaa2991995@gmail.com +91 8098938696
- Vishnu: vishnuwaiting4urmail@gmail.com +91 8300328846
<https://www.radicallytransform.org/>, Saranya, Vishnu

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☑ Friday - 5 pm (regular class)

☑ Drop-in classes available for individuals or groups - book your session



Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community
+91 8940288090, serendipityauroville@gmail.com

Sonia

Surya Performance Lab & CIRHU present:

FREEDOM OF THE BODY: DIALOGUE WITH THE CELLS

Thanks to the vision of The Mother and Sri Aurobindo

22, 23, 24 August, 9am—1pm

@ Harmony Hall, Bharat Nivas

Please come at 8:45am

- An experiential immersive workshop designed and guided by Philippe Pelen and Thierry Moucazambo
- Assisted by Bianca & Saman from Surya Performance Lab

The theme of this workshop is: Ananda (pure Joy) in the cells.

According to Mother and Sri Aurobindo, if a divine Power of Light and Ananda were to descend into the physical being... it would illumine and remodel the cells, awaken the consciousness in the whole organism, so that even the body would become a vessel of supreme beauty and delight.

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance. A joyful experience to open the door to the dialogue with the cells.

This workshop is open to all: Aurovilians, newcomers, volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who have attended previous workshops and want to experience deeper inner practice. Each workshop offers a different experience.

- **Contribution:** Aurovilians, Newcomers, Volunteers: Rs. 1500, Guests: Rs. 5000
- **Contact, registration:** [bianca_nc@auroville.org.in/](mailto:bianca_nc@auroville.org.in) +91 8300387288 Bianca.

"...All the cells of the body were athirst for that Light which wants to manifest".—The Mother

For better integration and understanding, it is essential to follow the 3 days of immersive, experiential events.

Each participant should wear light, flexible clothing suitable for movement and bring a yoga mat or towel and a bottle of water.

Philippe and Thierry



UPCOMING MINDFULNESS OFFERINGS WITH HELEN

Mindfulness Kindfulness—half day retreat with Helen

- **Saturday, 9 August, 9:15am—12:30pm**
@ Creativity Hall of Light

If your heart is calling for quiet time to unplug & recharge then join this nurturing space of gentle care & inner stillness.

This mini retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.

Everyone is warmly welcomed—whether you're beginning your meditation journey or have been practicing for years. During the retreat you can choose whatever position your body is asking for—on a chair, cushion, or mat.

Participants will hold silence during the session, providing a chance to go deep within.

- Booking is required. To register contact Helen on 7094753054 WA or visit innersightav.org

Helen & Nikethana



BODY RESONANCE:

Expression by Yumiko Yoshioka

10—17 August @ CRIPA, Auroville



Reconnect with your body, mind, and soul through the transformative power of organic movement led by Yumiko Yoshioka, renowned Japanese Butoh dancer, choreographer and teacher based in Berlin.

She created the 'Body Resonance' methodology, which explores the body as a living archive of memories and sensations. This approach bridges the internal and external worlds through organic movement, reflecting her profound understanding of the importance of deepening consciousness of the body. Her method not only enhances dance and expression but also illuminates daily life, opening individuals to the deeper layers of their inner world and rediscovering subtle beauty in each moment.

Open to all those who wish to reconnect with their bodies and discover new ways of expression. Yumiko's workshops are attended by all genders and age groups from 20s till 70s. Many professional dancers, actors, performers, therapists, healing practitioners join to learn and integrate the techniques into their practices.

- Aurovilians and Newcomers wishing to join the workshop, please send an email to: av.bodyresonance@gmail.com.
- Guest registration details at: <https://bodyresonance.wixsite.com/info>

Hosted by Auroville Consulting in partnership with CRIPA. Raghu

SPEAKING FROM THE HEART

Experiential introduction

to Nonviolent Communication (NVC)

15, Friday & 16, Saturday, 9:30am—4:30pm

17, Sunday, 9:30am—1pm @ Pitanga Center

A practical and experiential introduction to Nonviolent Communication (NVC), a powerful process for deepening connection—with yourself and others.

In this 2.5-days workshop you'll learn to:

- Express yourself honestly without blame or judgment
- Listen with empathy, even in challenging conversations
- Recognize and speak from your underlying needs
- Build a foundation for more compassionate and authentic relationships

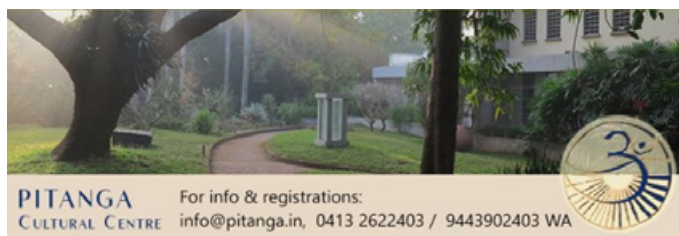
Who is it for? This workshop is for anyone who wants to communicate with more clarity, care, and connection—whether in personal relationships, family life, professional settings, or community work. No prior experience with NVC is needed. Come as you are.

- **Inquiry & contact:** info@pitanga.in/ 0413 2622403, +91 9443902403 WA
- **Registration:** Scan the QR code.
- Facilitated by Vega, CNVC certified trainer

Vega



PITANGA CULTURAL CENTRE



Program, August 2025

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Listening Within	4—5pm	Mike
	Hatha Yoga	5:30—6:30pm	Priyamvada
Tuesday	Hatha Yoga	7:30—8:30am	Priyamvada
	Yoga: Restore & Relax	4—5:30pm	Florina
Wednesday	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Thursday	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagan-dhi
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former "The Art of Living" course participants	6:45—8am	François & Namrita
	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Saturday	Breathing & Mudra	8—9:30am	Gala
	Truth Based Relationships, practical sessions, starts 16/8	2:30—4:30pm	Juan Andres

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Jivatma	Sarga Bodywork®
Patricia G	Shiatsu, for Auroville residents only. Contact directly via WA message to schedule an appointment : +91 9487230399

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Workshop

Speaking from the Heart—A 2.5 days Non-violent Communication Workshop by Vega

- Friday, 15—Saturday, 16 August, 9:30am—4:30pm
- Sunday, 17 August, 9:30am—1pm

Please register in advance with Pitanga or scan QR code:



Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team
2622403/ 9443902403 WA
info@pitanga.in

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Kardash



AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



BODY AWARENESS & RELAXATION with Hans

Wednesdays, 5—6:15pm
@ Budokan Dojo, Dehashakti

For more info:
8110848123 WA, Hans

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

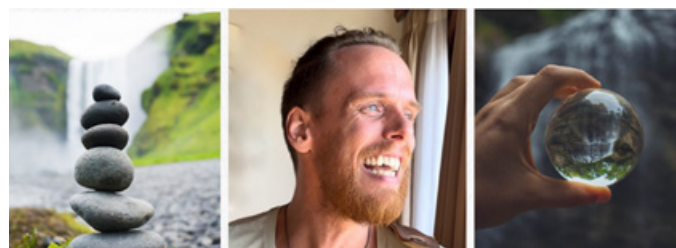
Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya),
+44 7564119728 WA

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.



By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself.

These exercises can be continued as a Self-Healing practice at any time in the future.

- Contact** 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha

VÉRITÉ PROGRAM

www.verite.in

Regular Events August

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yoga to Improve Flexibility	9:15—10:15am	Kalidas
	Creative Voice Sound Healing	5—6:30pm	Lola
	Peace with Pranayama No class 5 August	5—6pm	Mamta
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Prana Vidhya	9:15—10:15am	Kalidas
	Yoga Nidra	5—6pm	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Free Flow Dance	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Balancing asanas No class on 2 August	7:30—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga No class 16 August	5—6pm	Mani

Therapies. Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 9 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 9 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas
Saturday, 16 August	Relaxation & Deep Sound Bath	9:15—11:15am	Satyayuga
Saturday, 16 August	Introduction to Ayurveda & Its Lifestyle	2—4pm	Dr Geeta
Saturday, 23 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 23 August	Face & Eye Yoga	2—4:30pm	Mamta
Friday, 29 August	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani
Saturday, 30 August	Exploring the Various Yogic Tools for Enhancement in Breathing capacity	9:15am—12pm	Mani
Saturday, 30 August	Perimenopause, Portal to Power: Renewal for Women in Transition	9:15am—4:30pm	Auromira
Saturday, 30 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas

Pawanamuktasana Series: Energize the Joints with Mani: Saturday, 9 August, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Yoga Nidra: Deep Relaxation with Kalidas

- Saturday, 9 August, 9:15am—12pm

Our modern lifestyle often interferes with the ability to experience deep rest and sleep. Yoga Nidra facilitates a state of deep relaxation, where the mind can become quiet and the body can heal, repair, rejuvenate and recharge itself. Learn to consciously relax the body and mind.

Relaxation & Deep Sound Bath—with Satyayuga

- Saturday, 16 August 9:15am—11:15pm

This session offers a deeply soothing experience rooted in the ancient art of sound healing. Using the unique frequencies of instruments such as Tibetan singing bowls, xylophone, and drums—accompanied by mystical chanting—it gently guides you into a state of profound relaxation. These vibrations work to awaken the inner being and align the body, heart, and soul with the universal frequency, promoting healing on a cellular level and restoring harmony within.

Introduction to Ayurveda and its Lifestyle with Dr. Geeta: Saturday 16 August, 2—4pm

Ayurveda, the ancient Indian medical system, offers simple lifestyle practices for self-care and healing. Learn the principles and practices of diet, exercise, sleep and relaxation which help to detoxify, rejuvenate, and restore balance to body, mind and spirit, according to your own nature.

Anandhi & Radha

SHIATSU

@ Budokan, Dehashakti

Shiatsu Practice & Introductions

We warmly invite you to experience the healing art of Shiatsu (Japanese: "thumb-pressure") in a calm and supportive environment.

Supervisions: Available by appointment.

Practice Hours:

- Wednesdays, 9—11am
- Saturdays: 4:30—5:30pm

Prior registration required

Introduction to Shiatsu

- Saturdays, 3—4:30pm, by registration
- and by appointment

Come and discover the power of mindful touch and balance. To register or book an appointment, please contact us. We look forward to welcoming you!

Contact Ulrike Urvasi:

- +91 9751513906, shiatsuindia@gmail.com

Looking for Shiatsu massage models

- Any time between 10—12am
- Friday, 1 August and Tuesday, Wednesday, Thursday, 5, 6, 7, 8 August
- @ Budokan, Dehashakti.
- +91 9751513906, shiatsuindia@gmail.com

Ulrike Urvasi

WORLD GAME Summer Special



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

Languages



NEWS FROM Auroville Language Lab, 7 August

Tomatis: We still have some spaces for Aurovilians, New-comers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguage.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguage.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

• Resonance, the book!

Check it out at <https://books.aurovillelanguage.org>

• To enquire or register:

- tomatis@aurovillelanguage.org
- or call 0413 2622467 or 3509932

Courses: Current Schedule of Classes as of 25 July

- <https://aurovillelanguage.org/current-schedule/>

New! German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguage.org/registration/>

New! Beginner and Advanced Korean classes

Next Saturday at 3pm, we will be starting beginner Korean language classes.

Also, Mint will be starting advanced Korean classes starting next Wednesday, 13 August, 11am for those who already have a basic level.

New! Italian classes starting again

We're happy that Karuna has returned to re-start her excellent classes in Italian for all levels.

Please register as soon as you can; the sooner we have a sufficient number of students, the sooner we can start! <https://aurovillelanguage.org/registration/>

French Classes

French classes with Jean Francois restarting!

Jean Francois is back at the Language Lab with a new and exciting course cycle in French. Tailored for all levels from beginner to advanced, his classes will begin in August.

New! Beginner French: This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course starts on 11 August.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

New! French Conversation (Pre-Intermediate level)

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course starts on 12 August.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

English Classes

New! Next-Gen English: AI, Projects & You

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam** : Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.
- **Vismai**: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English w. Ashwini

- Wednesday and Thursday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade. Head on over to the Lab's online form and complete your registration now so that we can keep you posted!

<https://aurovillelanguagelab.org/registration/>

Coming soon! **Pre-Intermediate English w. Ashwini**. There are plans for taking on a new batch of beginner English students some time mid-July (depending on registration take-up). Keep an eye out for confirmed dates in upcoming News & Notes and the Lab's online course schedule here: <https://www.aurovillelanguagelab.org/current-schedule/>

Other Languages

Spoken Hindi for Beginners w. Ashwini

- **Registration Open!** New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm.

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Beginner Spanish Course with Mila

New classes starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30– 4pm. Please contact the Language Lab at info@aurovillelanguage.org to learn more

Tamil Beginner w. Saravanan

- **Registration still open!** Course starting in July, Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

New! **Hangeul: The calligraphy of Korea's Ingenious Alphabet** [Read full information on page 19](#)

- Last class this Thursday, 7 August, 5—6pm

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Tuesdays, 5—6pm: Spanish with Gloria
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh
- Thursdays, 5—6pm: Korean Calligraphy with Mint

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:** +91 9843030355WA.
- **For Tomatis** please use 0413 3509932.

Current Schedule of Classes, 7 August

Language	Level	Time	Days of Class
English	Next-Gen English: AI, Projects & You	10:30–11:30am	Tuesday & Thursday with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly, with Rupam
	Intermediate with Ashwini	4:30–5:30pm	Wednesday & Thursday
	Kids with Ashwini	5:30–6:30pm	Wednesday & Thursday
French	Beginner—Adults Starting 11 August	2:30–3:30pm	Wednesday & Friday with Jean-François
	Beginner Starting 11 August	2:30–3:30pm	Monday and Wednesday with Jean Francois
	Intermediate Starting 12 August	2:30–3:30pm	Tuesday & Thursday with Jean Francois
Korean	Beginner Starting 9 August	3–4pm	Saturday with Mint
Tamil	Beginner	9:30–10:30am	Tuesday & Friday with Saravanan
German	Beginner Intensive	8:48–10:15am	Monday to Friday with Benedict
Hindi	Spoken—Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	TBC with Karuna

Mita, Mano, Louis & Vismai
for Auroville Language Lab

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.
Ashwini, Aspiration

Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 8 August

South Georgia: Penguin Paradise of the South Atlantic

2021/ 40 minutes/ Roland Gockel and Rosie Koch

The film explores the challenges faced by a film crew led by Roland Gockel and Rosie Koch in documenting the life of King Penguins on South Georgia Island, located in the Antarctic Ocean. Over a span of five years, the film crew's patience and sensitivity yielded previously unknown and poignant insights into the daily lives of King Penguins.

Submitted by Aviram

Cinema Paradiso Presents

A Special Screening

On Thursday, 14 August 2025 @ 8pm @ MMC Auditorium, Auroville

Jyoti Nisha's

Dr. B.R. Ambedkar: Now & Then

India, 2023, Writer-Dir. Jyoti Nisha, Documentary, 110mins, Hindi w/ English subtitles, Rated U/A (PG-13)

This award-winning debut documentary by a Bahujan feminist filmmaker boldly explores liberty, equality, fraternity, and social justice. It interrogates caste, religion, and representation in Indian cinema, offering a powerful reflection on the struggles and assertions of marginalized communities in today's India. Through Ambedkarite philosophy and visual storytelling, the film challenges dominant narratives and inspires fresh perspectives rooted in lived experience.

This screening is made possible by the director's generous sharing who has crowdfunded to create and bring its compelling message to audiences—inviting public dialogue and reflection.

Join us for this thought-provoking journey into truth and representation.

Nina for MMC/ CP mmcauditorium@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V. Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V. Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Below link to join WhatsApp group of Auroville Bus

to get the regular updates of the bus:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

Cinema

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
11—17 August

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Special Week

On 15 August this year, we honor two profound milestones: the 79th anniversary of India's independence and the 153rd birth anniversary of Sri Aurobindo. To mark these meaningful occasions, we've curated a special line-up of programs this week around that day. We warmly welcome you to join us, watch, participate, and celebrate the week together. As we reflect on the spirit of freedom, we embrace its universal call to courage, creativity, and collective hope.

Special Screening—Monday, 11 August, 8pm

Raag Desh

India, 2017, Writer-Dir. Tigmanagshu Dhulia w/ Kunal Kapoor, Amit Sadh, Mohit Marwah, and others, History-Drama, 135mins, Hindi w/ English subtitles, Rated: NR (R)

Set during World War II, the Indian National Army—formed under Netaji—launched a bold campaign for India's liberation on the shores of the Irrawaddy in Burma. Branded as Japanese agents by the British, the three INA officers—Major General Shah Nawaz Khan, Colonel Prem Kumar Sahgal, and Colonel Gurbaksh Singh Dhillon—stood trial at Delhi's Red Fort in 1945. Their courtroom saga sparked a national awakening and reshaped India's journey to freedom. The title subtly evokes Indian classical music, while also signifying a profound connection to the homeland. *The screening of this acclaimed film, made possible by the director and his team, brings those meteoric times more vividly to life.*

Special Screening—Tuesday, 12 August, 8pm

Bagha Jatin

India, 2023, Writer-Dir. Arun Roy w/ Dev, Samiul Alam, Mir Afsar Ali, and others, Biography-Drama, 138mins, Bengali w/ English subtitles, Rated: NR (R)

Countless Indians—unsung, unknown, nearly forgotten, laid down their lives for freedom beyond non-violent protest. Among them was Jatindranath Mukherjee, famously Bagha Jatin, whose extraordinary journey blazes with grit, fire, and conviction. Rising through Jugantar, a secret revolutionary movement shaped by Sri Aurobindo Ghosh, who called him his "right-hand man", Jatin led daring missions, forged global alliances, and made a heroic final stand at Balasore, Odisha. This film resurrects his legacy, revealing a charged and electrifying chapter of India's freedom struggle.

Special Screening—Wednesday 13 August, 8pm

Gour Hari Dastaan: The Freedom File

India, 2015, Dir. Ananth Mahadevan w/ Vinay Pathak, Konkona Sen Sharma, Ranvir Shorey, and others, Biography-Drama, 104mins, Hindi w/ English subtitles, Rated: NR (PG)

Gour Hari Das, proud of his freedom-fighting past, lives a quiet contended life with his small family. When his son is denied college admission for lack of a Freedom Fighter's Certificate, Gour Hari set to reclaim his identity. What begins as a quest for a simple certificate spiral into a decades-long battle against a system blind to truth and dignity. With his wife Lakshmi's quiet strength and journalist Rajiv's curiosity, his moving quest exposes how a nation forgets its own heroes. *We thank the filmmaker for this screening.*

Special Screening—Thursday 14 August, 8pm

B.R. Ambedkar Now and Then

India, 2023, Writer-Dir. Jyoti Nisha, Documentary, 111mins, Hindi w/ English subtitles, Rated U/A (PG-13)

This award-winning debut documentary by a Bahujan feminist filmmaker boldly explores liberty, equality, fraternity, and social justice. It interrogates caste, religion, and representation in Indian cinema, offering a powerful reflection on the struggles and assertions of marginalized communities in today's India. Through Ambedkarite philosophy and visual storytelling, the film challenges dominant narratives and inspires fresh perspectives rooted in lived experience. *This screening is made possible by the director's generous sharing who has crowdfunded to create and bring its compelling message to audiences—inviting public dialogue and reflection.*

Special Screening—Saturday, 16 August, 8pm

Kesari Chapter 2: The Untold Story of Jallianwala Bagh

India, 2025, Dir. Karan Singh Tyagi w/ Akshay Kumar, Madhavan, Ananya Panday, and others, History-Drama, 133mins, Hindi-English w/ English subtitles, Rated: NR (R)

Inspired by true events, the film follows Justice Sankaran Nair's bold rebellion against British rule after the 1919 Jallianwala Bagh massacre. He resigns from the Viceroy's Council in protest (Trivia: Rabindranath Tagore renounced his knighthood as a form of protest), then sues Michael O'Dwyer in England, joined by spirited law student Dilreet and rebel Pargat Singh. *Widely acclaimed for its stirring portrayal of India's fight for justice.*

Children's Matinee—Sunday, 17 August, 4:30pm

Valley of the Lanterns

Canada, 2018, Writer-Dir. Caleb Hystad w/ Samantha Ferris, Thomas Haddaway-Graham, Ian Hanlin, and others, Animation-Family, 97mins, English w/ English subtitles, Rated: NR (PG)

In a mystical mountain village, elderly Olistene clings to a magical tradition that lets her relive the past. This is until her grandson Keelan challenges her to embrace change. As lanterns illuminate forgotten truths, their bond is tested in a heartwarming tale of time, memory, and the courage to let go for love's sake, where the lanterns are symbols of hope.

Special Screening—Sunday 17 August, 8pm

Phule

India, 2025, Dir. Ananth Mahadevan w/ Patralekhaa Paul, Pratik Gandhi, Darsheel Safari, and others, Biography, 129 mins, Hindi w/ English subtitles, Rated: NR (PG)

In British-ruled India, Jyotiba and Savitribai Phule confront caste oppression and gender inequality with radical courage. From opening schools for girls to challenging Brahminical orthodoxy, their journey is a stirring testament to resistance and reform. Their fearless pursuit of justice reminds us that freedom from casteism is yet another freedom we must achieve. *This acclaimed film is currently running in theatres across India and screening internationally, with its digital release yet to come. We're sincerely grateful to the director and producer for making this screening possible.*

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of News & Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

We maintain the right not to publish posters that are bigger than that or have text too small to be read in printer version or to publish them cut, or in icon size, or reformatted in a best way to fit the style of the newspaper.

Katiya (AgniJata) & Alexey
News & Notes, Media Centre, Townhall,
NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108

